



SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://www.saddlebrooke.org>

MARCH/APRIL

2011-2

Remember Wayne?

by Mary Hlushko

On February 4th one of our Hiking Guides, Wayne Kennedy, passed away at Clare Bridge Care Center. Wayne suffered from Alzheimer's Disease. His wife, Aline, continues to reside at SaddleBrooke. Remember Aline and her family in your thoughts and prayers.



HIKING CLUB SPRING PICNIC

The Hiking Club spring picnic will be held at Catalina State Park on Friday, March 18 at the small group area. There will be signs in the park directing you to the picnic area. Entrance fee for the park is \$7 per car (max 4 persons) or a State Park Pass.

If you are interested in hiking before lunch check the newsletter for hike descriptions and contact the hiking guide. The annual member meeting will begin at 11:30 a.m. followed by a pot luck picnic. The Club will provide fried and baked chicken, all paper goods and eating utensils. Bring a side dish to share and your own beverage. If you have a name tag please wear it.

RSVP to Beaver Simpson by March 15th @ 818-7839 or wbsortho@aol.com. Tell Beaver what side dish you will bring and the number of people attending.

We look forward to seeing you at the picnic.

Thanks for Your Help

Roy Carter and Frank Brier

Welcome to new guides, Ruth and Paul DeBruine, and Tom Barnwell. Wow! What a slate of hikes: 10 As, 16 Bs, 26 Cs, and 9 Ds, 18 of which are new. These numbers do not include the daily walks and two extended walks at a fast pace. A new offering, featuring slower walks around SB two days a week is getting underway, and will initially be led by Dean Wilson (see Feb 7 club email for more details). There is truly something for every club member in March and April.

This is our last newsletter, since new Chief Guides will take over immediately following the annual meeting on March 18th. We'd like to thank the officers and the many volunteers (Martha, Carole, Bob, Dave, Beaver, Pam and Marge) for their fantastic support, creative ideas and hard work during the last two years. This is where the "rubber meets the road" and they deserve the credit for the club's considerable success.

At the risk of overlooking someone, we would like to specifically thank the following hardworking people, in no particular order, for their help during our term of office:

- Larry Linderman for managing the club's Arizona Trail project where several hard core hikers are attempting to traverse the entire 800+ mile trail in two years,
- Susan Hollis, for her service as club statistician, and for her leadership of this year's 4-day Grand Canyon NP outing in May,

- Bill Leightenheimer and Walt Shields for initiating a series of Geocaching activities and GPS demonstrations intended to help hikers master their handheld GPSs,
- Walt, Cheryl Werstler, and Tom Barnwell for their help in conducting the Maps and GPS Fundamentals Seminars, whose two sessions were attended by 35 club members,
- Walt and Jan Wilson for their help in conducting two Newcomers Orientations attended by hundreds of prospective members,
- Bill and Jim Strickler for their initiative and leadership on the club's work days along Catalina Hills Dr. and the AZ Trail,
- Elisabeth Wheeler for what have to be the best special programs of any club in SB, and
- Ken Wong, who holds down jobs as secretary, communications chair, and email manager for the guides, for the many upgrades to the club website.

We apologize for the many omissions to this list of people deserving of special recognition, due to space limitations. Our last thought is to remind everyone to continue supporting the guides. They are truly the backbone of the club. Without them, we would have no club, or at least not much of one. The Hikes Offered table just doesn't materialize out of thin air. It takes work and dedication by a couple dozen guides. Thank your hike leader after your next hike.

Hiking "Out-of-the-way" Places In and Beyond Arizona with Doug Kreutz of the Arizona Daily Star. Wednesday, March 16, 3p.m. MountainView West Ballroom.



Douglas Kreutz is a feature writer and news reporter at the Arizona Daily Star in Tucson. His work also appears in Arizona Highways magazine,

other publications and websites. A graduate of the University of Iowa and a survivor of the United States Army, Kreutz has worked as a staff writer at the Rocky Mountain News in Denver and participated in a variety of journalism fellowship programs in Europe and elsewhere. His assignments have ranged from local breaking news to environmental reporting and science writing. He has won awards for reporting on Grand Canyon environmental issues, climate change, Native American affairs and disasters such as devastating earthquakes in Mexico City. A lifelong hiker, mountaineer and canyon trekker, his current newspaper work includes producing stories and photos on outdoor adventures in Arizona. Kreutz and his wife, Donna, savor travel -- from annual trips to the Rocky Mountains and California coast to journeys in Europe. An experienced photographer and budding videographer for the Arizona Daily Star's online editions, Kreutz plays acoustic and electric guitar.

A social hour follows the program at 4 p.m. in the Palo Verde Lounge.

**Guided Nature Hike in Baboquivari Mountains
Monday, April 4**

Brown Canyon in the Baboquivari Mountains is a protected refuge for plants and wildlife. Entrance is by permit only. A guided hike has been arranged with the Buenos Aires National Wildlife Refuge. Limit: 12 hikers. Call Paul & Ruth DeBruine 818-3248 to make a reservation.

**Pictorial Journal of Hiking & Exploring Switzerland
by Dean & Cheryl Werstler
Wednesday, April 20, 3 p.m. MountainView West Ballroom**

This past summer four members of the Hiking Club, Dean and Cheryl Werstler, Elisabeth Wheeler and Kent Naugle, spent 3 weeks in Switzerland and surrounding countries. The trip was initiated by fellow hiker Sandy Businger and began in Sandy's little village of Gais in the Appenzeller region of Switzerland. Fourteen days were spent hiking, sleeping in huts and mountain inns, in various areas of the Swiss Alps. The remaining days were spent traveling on secondary roads and over mountain passes through rural Switzerland and neighboring

countries of Germany, Austria, Liechtenstein, Italy and France. The goal was to reach hiking destinations and to sample cultural highlights along the way.

Although Switzerland is only about the size of Rhode Island, it has a surprising wealth of tradition, history and variety. It is home to four national languages, German, French, Italian, and Romansh, each residing in its own region. English is spoken widely throughout the country which supports an extensive tourism industry. Travel is convenient either by car or by efficient public transportation. The Alps which run through the heart of the old continent, comprise the largest natural space in Europe. These mountains traverse 8 countries and contain a vast web of hiking trails. Five international hiking routes traverse 3,000 miles of trail known as the Via Alpina.



Come to see a pictorial journal of hiking in the Swiss Alps, including “The World’s Best Hike” according to Backpacker Magazine, and associated history and culture of the region. A social hour will follow at 4 p.m. in the Palo Verde Lounge.

May 2011 Grand Canyon Hiking Trip
Susan Hollis

By now, you should have decided whether to participate in the Hiking Club’s May outing at the Grand Canyon NP, and have made your lodging arrangements. The plan involves four days of hiking from Tuesday, May 24th through Friday, May 27th at each level of difficulty (A, B, C, and D) each day. Specific hikes were listed in the last newsletter. You can choose to hike all or any lesser number of the four days

Thirty five to 40 club members have indicated they intend to participate. Over the next several weeks, we will confirm which guides are attending and assign guides to each hike along with assembly points and departure times, etc. Hikers will be asked to sign up for hikes using the same process used for hikes at Saddlebrooke. Participation in all guided hikes will be subject to the same waivers that apply here. Signup sheets will be collected and a master list of names and phone numbers will be distributed by mid-May.

Information packets on logistics and detailed descriptions of the hikes are available. Please contact Susan Hollis (slhollis@yahoo.com, 825-6819) to request both documents. You should make lodging reservations as soon as possible since the demand for housing in and near the south rim during late May is very high. There are usually no penalties for GCNP lodge/cabin cancellations at least 72 hours before the day of arrival; so, as the time draws near, we will see if any rooms can be released a few weeks before the trip.

Those interested in the one day, rim-to-rim hike should be aware that reservations have been made for the night before that hike on the north rim (3 cabins), providing space for up to 12 people. The spaces are available on a first-come first-serve basis (contact Larry Linderman, llinderman@q.com, 818-1977).

News You Can Use		
Social Hour	March 16th	4:00 p.m.
Board Meeting	April 6th	2:45 p.m.
Guide Meeting	April 6th	4:00 p.m.
Social Hour	April 20th	4:00 p.m.

Hard copies of the Newsletter are available at the SaddleBrooke and DesertView Fitness Centers. You may print copies from our web page at www.saddlebrooke.org.

Please read the proposed By-Laws revisions following the “Hike Descriptions”

President	Bill Leightenheimer - 825-5756; wmhlaz@gmail.com
Vice-President	Howie Fagan 818-9555 howieandelaine@q.com
Secretary	Ken Wong; 818-2561; kmwong@q.com
Treasurer	Elizabeth Tancock - 825-7838; etancock@wbhsi.net
Chief Hiking Guides	Frank Brier - 818-0493; FrankBrier@aol.com Roy Carter - 818-3137; rvcarter@aol.com
Volunteers	
Catalina Hills Cleanup	Bill Leightenheimer, 825-5756; wmhlaz@gmail.com
Communications	Ken Wong 818-2561; kmwong@q.com
Programs	Elisabeth Wheeler;818-1547 elisarick@wbhsi.net
Membership Roster	Bob Perez, 861-0967; azsun65@wbhsi.net
Merchandise	Open
Newsletter Copies	Martha Hackworth, 818-2573 marthahackworth@gmail.com
Newsletter	Carole Rossof, 877-9262; crandmr@q.com
Publicity	Dave Sorenson, 777-1994; iowaboy1950@yahoo.com
Socials	Beaver Simpson,818-7839; wbsortho@aol.com
Socials	Pam Wakefield,825-0309; pambw@live.com
Socials	Marge Wong, 818-2561; kmwong@q.com
Statistics and Awards	Susan Hollis, 825-6819; shollis@yahoo.com
Work Days	Jim Strickler, 825-8735; sherabjim@wbhsi.net

General Hiking Information

Reservations: Call the guide to make a reservation for a hike. Let the guide know if you would be available to drive and whether or not you have a 'park entry pass' for the area. If you are unable to go on the hike after making a reservation, call the guide to cancel. The guide will call if a hike is canceled.

Arrival Time and Departure Area: The time listed for the hike is the departure time. It is important to arrive 10 to 15 minutes before departure time. All hikes leave from the left front parking lot of the MountainView Clubhouse (just east of the tennis courts) unless otherwise noted.

Medical Conditions: Prior to starting the hike, inform the guide of any special medical conditions or medications you may need.

Voluntary Driver Donations: Voluntary driver donations are shown in the table of Hikes Offered. If there are two entries under driver donation, for example \$7 + \$2, the first is for the driver and the second for any required entry and/or parking fee. If a state park pass is used for entry, the second amount should be given to the pass holder (whether he/she is the driver or not). Other persons in the vehicle who also hold park passes would not be responsible for the second amount. Note, that some hikes may require additional fees. Guides may also wish to split costs between drivers for drop-offs and/or unequal passenger loads. Small bills are appreciated. Since a driver may not have change, we would ask that, if you see two entries for the driver donation, you try to have the amounts for each. Due to automobile insurance coverage considerations, it is recommended that any payment to the driver be made upon return to MountainView.

Items to Bring: Every hiker should carry identification and any medical alerts in a waterproof container. Always bring ample water (this can vary from a pint on a winter fitness walk to 3 or 4 quarts on a summer hike). On strenuous hikes or in very hot weather you may need to replace electrolytes (eat salty snacks, add electrolyte mix to water, or use sport drinks). A wide brim hat, sunscreen, sunglasses, and hiking stick or trekking poles are recommended in Arizona. Other suggested items include comfortable hiking boots, whistle, map, compass, tweezers, first-aid kit, and moleskin. Layered clothing works well due to possible changes in weather conditions. In addition, you should bring a snack or lunch depending upon the hike. High

complex carbohydrates (nuts, trail mix, and etc.) are good.

Choosing Hikes: Hikes are more difficult than walks in SaddleBrooke due to elevation change and our Arizona terrain. It is not unusual to encounter rocks, unsteady ground, and steep inclines. It is your responsibility to choose an appropriate hike that matches your physical abilities. The hike description is a great tool. Look closely at the length, elevation change, and comments in the description to determine if a hike is within your physical ability. If you aren't feeling "up to snuff" on the day of the hike, don't hesitate to cancel until a better day.

. **Assumption of Risk:** When you joined the club, you were asked to sign a "Release of Liability". **We want to reinforce the fact that by signing the release you acknowledge that participation in the club's activities involves an inherent risk of physical injury and that you assume all such risks. Accidents can happen.** Learn about the risks and how to avoid them. Take an active part in protecting yourself and fellow hikers. We are an organization of volunteers who share their skills and love for the wilderness with one another.

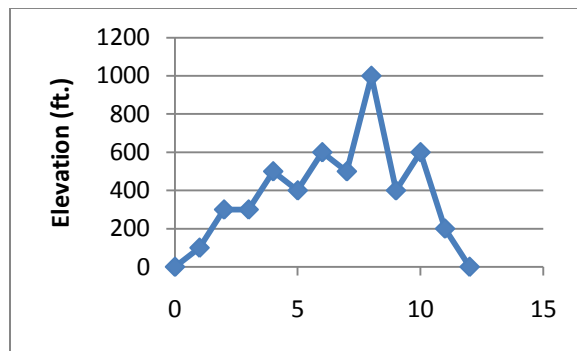
Whew!! How much did we climb anyway?

Roy Carter and Frank Brier

One of the most frequent questions asked of guides has to do with the elevation gained over the course of a hike. Elevation gain and distance are the criteria used to rate all hikes. This article has been prepared to supplement the information presented in each newsletter.

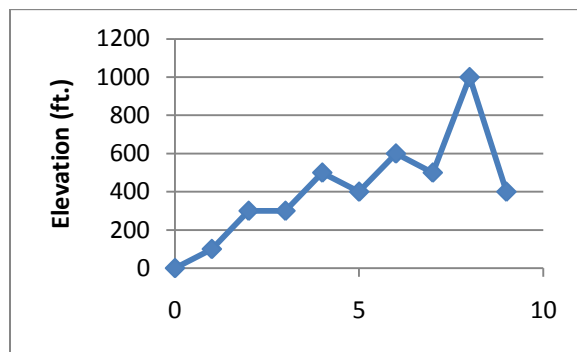
Net Elevation Change is the difference between the starting elevation and the elevation of the highest (or lowest) point reached during the hike, in feet. Accumulated Elevation Gain is the sum of all upward stretches covered during the hike, and is generally recognized as a better measure of hike difficulty than Net Change. Accumulated Gain is sometimes referred to as "Total Ascent" on handheld GPSs. The way that these two terms differ depends on the type of hike.

On a 12-mile Loop hike, shown in the figure in the next column, the hike begins and ends at the same location (and elevation).

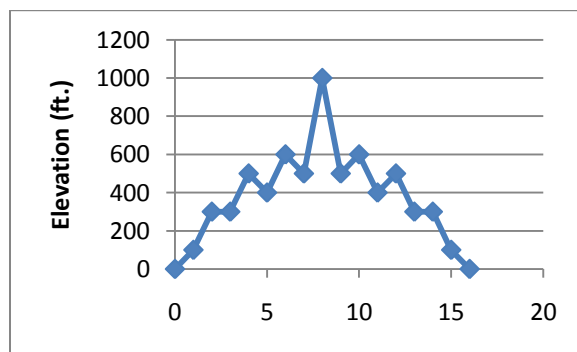


Net Change (elevation from the starting point to the highest elevation reached at the 8-mile mark) is 1000 feet. However, the Accumulated Gain is 1400 feet.

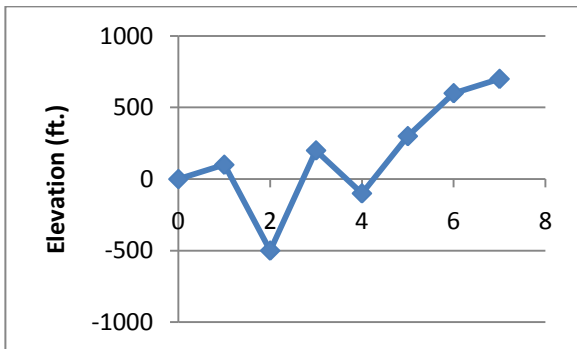
For a shortened (9-mile) Point-to-Point hike along the same trail, where the hike begins at one location and ends at another, note the figure below. Since the last 200 feet of climbing (between 9 and 10 miles) has been avoided, the Accumulated Gain is only 1200 feet, while the Net Change is still 1000 feet.



Another example is for a longer Out-and-Back hike along the same trail that turns around at the 8-mile mark (which happens to be the highest point reached). Note that the shape of the last half is a mirror image of the first half. Guess what, the Net Change is still 1000 feet, but the Accumulated Gain is 1400 feet (1200 feet out and 200 feet back).



The final example reveals another weakness in the Net Change criterion. The figure below shows a trail that drops well below the elevation of the starting point before heading upward in two parts to an elevation eventually much higher than the starting point.



In this case, one has a choice of a Net Negative Change (-500 feet) or a Net Positive Change (+700 feet). While it would be useful for someone with knee problems to know about the significant continual downhill portion, it is obvious that the Accumulated Gain/Loss metric (1600/900 feet, in this case) is superior in terms of providing useful information to the hiker. National Geographic TOPO! software provides all these statistics on its elevation profile.

We'd like to repeat our oft-stated plea for additional measurements of Accumulated Gain for all hikes. All measurements (i.e., no averaging at the trail head) should be reported to the guide who will add the new data to the signup sheet. The club statistician records these data for the annual database updates.

Hike Elevation, Ratings & Pace

Elevation Change: Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change.

- **Net Elevation Change** is the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS).
- **Accumulated Gain** is the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is generally a more accurate indicator of hike difficulty than net change in elevation.
- **Accumulated Loss**, another measure of hike difficulty, is the sum of all downward

stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device

• **Ratings:** Ratings are based on the following round trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance.

<u>Hike Rating</u>	<u>Distance (Mi.)</u>	<u>Accumulated Gain in Elevation (Ft.)</u>
A	>14	>3000
B	8 to 14	1500 to 3000
C	4 to 8	500 to 1500
D	<4	< 500

Pace: Pace is described in terms of average speed in miles per hour (MPH) over the course of a hike from start to finish (excluding lunch). Average speed is affected by speed and length of stride, number of rest stops, incline, type of terrain, and trail conditions. The following four categories are used to describe pace in the hike descriptions:

<u>Pace</u>	<u>Average Speed (MPH)</u>
Leisurely	<1.5
Slow	1.5 to 2.0
Moderate	2.0 to 2.5
Fast	>2.5

Pace and Enjoyment of Hikes
(This article is a slightly edited version of a similar one that appeared in the Jan/Feb 2010 Newsletter)
 By Roy Carter

Pace is the average speed walked over the course of a hike. A hike is most enjoyable when all hikers proceed along at relatively the same speed and need about the same number of rest stops. A hiker who struggles to keep up with the group becomes

frustrated and may overreach their level of conditioning. On the other hand, a hiker that wants to go faster than the pace set by the guide may become concerned that they aren't getting enough of a workout, will be late in returning, etc.

Recognizing this, the club has set guidelines for pace, which are presented elsewhere in this newsletter, to help club members in deciding which hikes they would like to attempt. The problem is that hiking is not an exact science. Although our guides try to follow the guidelines, one guide's normal (or what they think is normal) pace may markedly differ from another guide's perception of normal pace. One guide may routinely hike at the low end of a range, whereas another may hike at the upper end. Hikers should determine which guides set a pace that is comfortable for them. Club members, if they don't already know from the grapevine or by personal experience, should ask the guide about expected pace when signing up for a hike. A good rule of thumb is to try every guide once to see how well his or her pace fits your preferences.

Be aware that guides (especially one that you have not hiked with before) may ask a few questions when you call to sign up to determine whether the hike is suitable and safe for you. Please don't take offense if this occurs; they are merely looking out for your safety and are trying to ensure a relatively homogeneous group. We also appreciate that hikers, like hiking guides, can have varying goals. Some desire a strong aerobic workout, whereas others may enjoy an opportunity to "smell the flowers". Most hikes contain a mix of these extremes, and our guides try to strike a balance between. So, a bit of tolerance and understanding is required by all. Those seeking to maximize their aerobic workout must understand that some hikers need to catch their breath every so often, and those who enjoy stopping to take photos need to limit the amount of time they hold the group up while they pursue their hobby. These precautions will help keep frustration to a minimum and heighten enjoyment of the hike experience for all members on the hike.

Fitness Walks Five Days A Week

Maintain your fitness or get into better shape by joining us for a morning fitness walk. Enjoy the company of other hikers while perusing SaddleBrooke. The sessions last about one hour and are suitable for walkers of all ability levels. No advanced signup is required to participate in these walks. Below is a chart for the start times for all the walking groups led by Bill Leightenheimer, Martha Hackworth, Judy Barenkopf and Dean Wilson.

Date	Start Time
March 1st	6:30 a.m.
May 1st	6:00 a.m.
September 1st	6:30 a.m.
November 1st	7:00 a.m.

To avoid future confusion, the club is posting this chart every two months in our newsletter to remind members who participate in the morning walks what the start time will be for that time of the year.

Monday thru Friday fitness walks will start at the parking lot just west of the SaddleBrooke HOA #1 Fitness Center. If you have any questions please contact Martha at: 818-2573, or Bill at: 825-5756.

Judy's Tuesday walking group will start the Fitness Walk at the Mountain View Parking lot. On Thursday the walk begins at the SaddleBrooke Tennis parking lot. We walk for an hour and complete about 3 or 4 miles according to where we walk. Most of our walks are touring SaddleBrooke and the few times we leave the premises it is discussed amongst the walkers. We leave exactly at the time designated and wait for no one. For more information call Judy at 825-7077 or email at: mbarenkopf@msn.com

A new offering, featuring slower walks around SB two days a week is getting underway, and will initially be led by Dean Wilson.

Hikes Offered

The hikes for the next two months are listed in the table below. Any symbols are explained immediately below the table, and trail descriptions follow the table.

Please remember to call a few days ahead of time to ensure the guide has time to plan hike logistics.

Date	Day of Week	Name of Hike ^a	Hike Rating ^b	Pace ^c	Leave Time (a.m.)	Leader(s)	Phone Number	Driver Donation
3/1	Tues	Pusch Peak	B/		8:00	Roy Carter	818-3137	\$2
3/2	Wed	**Kentucky Camp Hike and Hot Dog Cookout	C		7:30	Geary Rise & Frank Brier	818-2913	\$12+\$3
3/2	Wed	Extended Fitness Walk	C/B	Fast	6:30	Martha Hackworth	818-2573	\$0
3/2	Wed	Romero Pools	C		8:00	Marv Rossof	877-9262	\$2+\$2
3/3	Thurs	**AZT: Alamo Canyon	B	Fast	6:00	Larry Linderman	818-1977	\$12
3/4	Fri	Romero Pass	A		7:30	Frank Brier	818-0493	\$2+\$2
3/4	Fri	Canyon Loop, Montrose Pools, and Birding Trails	D		9:00	Laura Ruxer	825-1829	\$2+\$2
3/5	Sat	**Tortolita Mtns - Upper Javelina and Wild Mustang Trails to Lookout	B		7:30	Frank and Virginia Brier	818-0493	\$4
3/7	Mon	**GPS Demonstration Hike	D	Slow	8:30	Bill Lightenheimer	825-5756	\$0
3/8	Tues	**Robles Pass Trails in Tucson Mountain Park	C		7:00	Elisabeth Wheeler	818-1547	\$6
3/9	Wed	**Fifty-Year Trail Area Loop – Short Version	C		8:00	Tom Barnwell	825-6760	\$2
3/10	Thurs	Pima Canyon to 1st Dam	D/		8:00	Roy Carter	818-3137	\$3
3/11	Fri	**Newman Peak Exploratory	B/		6:00	Cheryl Werstler	825-9057	\$9
3/11	Fri	Pontatoc Ridge	C/		8:00	Howie and Elaine Fagan	818-9555	\$4
3/12	Sat	Bridal Wreath Falls	C		8:00	Greg Lindahl	825-3679	\$6
3/14	Mon	**GPS Demonstration Hike	D	Slow	8:30	Bill Lightenheimer	825-5756	\$0
3/14	Mon	Deer Camp – historical narrative included	C		8:00	Bob Simpson	818-2610	\$2
3/15	Tues	Finger Rock Guard	A/		8:00	Roy Carter	818-3137	\$4
3/16	Wed	SBHC Program: Hiking to Out-of-the-Way Places with Doug Kreutz, AZ Star, MV West Ballroom			3:00 p.m.	Elisabeth Wheeler	818-1547	

Date	Day of Week	Name of Hike^a	Hike Rating^b	Pace^c	Leave Time (a.m.)	Leader(s)	Phone Number	Driver Donation
3/16	Wed	SBHC Social Hour, MV Club House			4:00 p.m.			
3/16	Wed	Canyon Loop, Montrose Pools, and Birding Trails	D		8:00	Bob Kolenda	825-9972	\$2+\$2
3/17	Thurs	Honey Bee Canyon North Plus	C		7:30	Jan Wilson	818-0299	\$2
3/18	Fri	**Picnic Hike: Geology Walk around Catalina State Park	D		9:00	Karen Gray	818-0337	\$2+\$2
3/18	Fri	Picnic Hike: Sutherland Trail	C		8:00	Marv Rossof	877-9262	\$2+\$2
3/18	Fri	SBHC Annual Meeting and Picnic Catalina State Park			11:30	See Newsletter		
3/19	Sat	Full Moon Hike, Linda Vista Loop Trails	C		4:30 p.m.	Laura Ruxer	825-1829	\$2
3/21	Mon	**GPS Demonstration Hike	D	Slow	8:30	Bill Lightenheimer	825-5756	\$0
3/21	Mon	**AZT: Reavis Canyon Trail	A	Fast	6:00	Larry Linderman	818-1977	\$14
3/22	Tues	Pima Canyon to the Saddle	A		7:00	Elisabeth Wheeler	818-1547	\$3
3/23	Wed	Pusch Ridge to 1st Overlook	C!		8:00	Roy Carter	818-3137	\$2
3/24	Thurs	Linda Vista Loop	D		8:00	Roy Carter	818-3137	\$2
3/25	Fri	**Baboquivari Mountain-West side (corrected)	A		6:00	Cheryl Werstler	825-9057	\$20
3/25	Fri	Superstitions: Peralta Trail	C		8:00	Greg Lindahl	825-3679	\$14
3/25	Fri	Chivo Falls	C		8:00	Laura Ruxer	825-1829	\$9
3/28	Mon	**GPS Demonstration Hike	D	Slow	8:30	Bill Lightenheimer	825-5756	\$0
3/29	Tues	Romero Springs	B		8:00	Bob Kolenda	825-9972	\$2+\$2
3/30	Wed	Fifty-Year Trail Area	C		8:30	Bill Lightenheimer	825-5756	\$2
3/30	Wed	Douglas Spring Trail to the Campground	B		6:30	Elisabeth Wheeler	818-1547	\$6
4/1	Fri	Hutch's Pool	C!		7:45	Laura Ruxer	825-1829	\$4+Tram
4/4	Mon	Brown Canyon Nature Tour (revised)	C	Slow	7:00	Ruth & Paul DeBruine	818-3248	\$16+\$4
4/5	Tues	Catalina Hills Trash Cleanup Walk	D	Slow	7:45	Bill Lightenheimer	825-5756	
4/6	Wed	SBHC Board Meeting, HOA1 Activity Center			2:45 p.m.			
4/6	Wed	SBHC Guide Meeting, HOA1 Activity Center			4:00 p.m.			

Date	Day of Week	Name of Hike ^a	Hike Rating ^b	Pace ^c	Leave Time (a.m.)	Leader(s)	Phone Number	Driver Donation
4/6	Wed	Extended Fitness Walk	C/B	Fast	6:30	Dave Hydeman	289-5546	\$0
4/6	Wed	Rams Creek Basin	C		8:00	Marv Rossof	877-9262	\$2
4/7	Thurs	**AZT: Superstition Wilderness – Part 1 ^d	B	Fast	6:00	Larry Linderman	818-1977	\$17
4/7	Thurs	**Fifty-Year Trail Area Loop – Short Version	C		8:00	Tom Barnwell	825-6760	\$2
4/8	Fri	**SaddleBrooke's Dome Rock	C		8:00	Bob Simpson & Frank Brier	818-2610	\$1
4/8	Fri	Rincon Peak	A		6:00	Cheryl Werstler	825-9057	\$15
4/8	Fri	Wasson Peak via King Canyon Trail	B		8:00	Greg Lindahl	825-3679	\$6
4/9	Sat	Tanque Verde Ridge Trail	B		7:30	Laura Ruxer	825-1829	\$6
4/12	Tues	Deer Camp/Samaniego Roost Loop	C		8:00	Walt Shields	818-3439	\$2
4/13	Wed	Wasson Peak via Sendero Esperanza and Hugh Norris Trails	B		7:00	Howie & Elaine Fagan	818-9555	\$6
4/15	Fri	Mt. Wrightson via Old Baldy and Super Trails	A		7:00	Frank Brier	818-0493	\$10
4/15	Fri	Ladies Tea and Muffins at Romero Pools ^e	C		8:00	Virginia Brier	818-0493	\$2+\$2
4/16	Sat	Alamo Canyon	D		8:30	Frank Brier	818-0493	\$2+\$2
4/17	Sun	Pima Canyon to the 2nd Dam	C		8:00	Laura Ruxer	825-1829	\$3
4/18	Mon	**AZT: Superstition Wilderness – Part 2 ^d	A	Fast	6:00	Larry Linderman	818-1977	\$17
4/18	Mon	Blackett's Ridge	B		7:00	Dave Sorenson	777-1994	\$4
4/19	Tues	**AZT: Superstition Wilderness – Part 3 ^d	A	Fast	6:00	Larry Linderman	818-1977	\$17
4/19	Tues	Superstitions: World's Greatest Saguaro Cactus	B		6:30	Walt Shields	818-3439	\$11
4/20	Wed	SBHC Program: Hiking and Exploring Switzerland, MV West Ballroom			3:00 p.m.	Elisabeth Wheeler	818-1547	
4/20	Wed	SBHC Social Hour, MV Club House			4:00 p.m.			
4/20	Wed	Canyon Loop, Birding, and Nature Trails	C		8:00	Marv Rossof	877-9262	\$2+\$2

Date	Day of Week	Name of Hike ^a	Hike Rating ^b	Pace ^c	Leave Time (a.m.)	Leader(s)	Phone Number	Driver Donation
4/21	Thurs	**Geocache Adventure	C!	Slow	8:30	Bill Lightenheimer & Walt Shields	825-5756	\$2
4/21	Thurs	Romero Pools	C		8:00	Bob Kolenda	825-9972	\$2+\$2
4/22	Fri	Seven Falls	B		8:00	Greg Lindahl	825-679	\$4
4/25	Mon	Mt. Kimball via Finger Rock Canyon	A		7:30	Roy Carter	818-3137	\$4
4/26	Tues	Sabino Canyon – Bear Canyon Loop (with Trams)	B		7:45	Walt Shields	818-3439	\$4 + Tram
4/27	Wed	Bog-Kent Springs Loop Trail	B		7:00	Dave Sorenson	777-1994	\$10
4/28	Thurs	Romero Springs	B		7:30	Roy Carter	818-3137	\$2+2

a – New hikes not yet included in the Hike Database are indicated with “***”.

b – Hike ratings are based on round trip distance and accumulated elevation gain, where available. Ratings flagged with a “!” indicate special trail conditions that might be of concern to some hikers. Please read the hike descriptions before deciding whether to sign up. Ratings flagged with a “☺” indicate an easier, smoother trail than normal at that rating.

c – Pace is moderate unless otherwise stated.

d - Hikers interested in the exact portions of Passage 19 that will be completed on each day should call Larry Linderman, the guide for each of the three parts.

e - Virginia will bring the tea and muffins.

Hike Descriptions

Alamo Canyon. Rating D. The hike begins at the Romero Ruins Trailhead in Catalina State Park. Other than one short area by the wash, the elevation change is gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water crossings. Hikers will stop by the Romero Ruins and take the informative loop trail from there. Hike 3.4 miles; trailhead elevation 2700 feet; net elevation change __ feet; accumulated gain 423 feet; RTD 24 miles.

****AZT: Alamo Canyon Trail. Rating B.** Passage 17 begins at a point west of the White Canyon Wilderness on the Tonto National Forest boundary about 0.6 miles due east of Ajax Peak. From here, the trail heads generally northwest, eventually reaching FR4. After crossing FR4, the trail continues west and turns north toward Picketpost Mountain. The trail eventually wraps

around the west side of Picketpost, somewhat parallels Alamo Canyon until reaching the Picketpost Trailhead just short of FR310. The hike may be done in reverse. Hike 12 miles, trailhead elevations 3450 feet south and 2400 feet north, net elevation change 1400 feet; accumulated gain 1132 north and 2196 south feet; RTD __ miles.

AZT: Reavis Canyon Trail. Rating A. From the Picketpost Trailhead, Passage 18 proceeds across Queen Creek, Hwy 60, FR 357, a railroad line, high-tension power lines and then climbs northeast along a ridgeline. The trail passes just east of Barnett Camp, to the Reavis Trail Canyon Trailhead in Whitford Canyon at the intersection with FR 650. The trail (#509) generally parallels or utilizes FR 650 north and west, along Reavis Trail Canyon, past Montana Mtn, to the Rogers Trough Trailhead just north of the intersection of FRs 650 and 172A. Hike 17 miles; trailhead

elevations 2400 feet south and 4840 north; net elevation change 3200 feet; accumulated gain 3867 feet north and 1424 south; RTD ___ miles, with some dirt road at north end.

****AZT: Superstition Wilderness Trail. Rating A.** Passage 19 is a nearly 30-mile trek through the Superstitions between the Rogers Trough and Theodore Roosevelt Dam (Vineyard) Trailheads. The trail proceeds initially northwest up Rogers Canyon for 1.5 miles, then mostly north through the Reavis Ranch in Reavis Canyon and parts of the Tonto National Forest to the Two Bar Ridge Trailhead at the intersection with FR83 near the Gila/Maricopa County Line. The trail heads generally northwest past Cottonwood Spring, and eventually converges on Hwy 88 and the Roosevelt Dam Bridge, which is used to reach the northern terminus of the passage at the lake. The passage will usually be done over three days, and the elevation changes would depend on which direction is hiked. Check with the hiking guide for specific trailheads and other details for each day. Hike 30 miles, trailhead elevations 2220 feet south end and 4840 feet north end, net elevation change 3200 feet; accumulated gain 4468 feet north and 7110 south; RTD ___ miles with dirt road.

Baboquivari Mountain-West Side (corrected). Rating A. The trail to Baboquivari Peak, a sacred place to the Tohono O'odham Indian Nation, was constructed by the CCC in 1934. According to legend, the peak marks the center of the universe and the home of Elder Brother P'itoy, who taught the Tohono O'odham how to live in the desert. The trailhead is accessed south of Sells off Indian Route 19. The trail is very steep, covering 4000 vertical feet in about 4 miles. The views include mountains to the east of Baboquivari and the valley below to the south. Baboquivari Peak fades in and out of view, but the view is awe-inspiring along the latter half. We will hike to Lion's Ledge and at least to the base of the rocky peak itself. Those who wish can proceed up the Great Ramp to the Ladder which has fallen into disrepair. At this point about 100 feet of rope is required to continue ascending. Hike 9 miles; trailhead elevation 3535 feet; net elevation change 4000 feet;

accumulated gain 4000 feet; RTD 216 miles (dirt).

Blackett's Ridge. Rating B. The hike begins at the Sabino Canyon Visitor Center, and follows relatively level, well-used trails east to the Phone Line Trailhead. After 0.4 miles along the Phone Line Trail, the Blackett's Ridge Trail branches to the right and continues up the ridge between Sabino and Bear Canyons. There are spectacular views of Tucson and the canyons to either side of the trail. The ridge part of the trail has several steep switchbacks mixed in with some level areas. There are three false summits before reaching the end of the trail, a point where it is not possible to continue because the terrain drops precipitously. Hike 6 miles; trailhead elevation 2720 feet; net elevation change 1689 feet; accumulated gain >1735 feet; RTD 56 miles.

Bog-Kent Springs Loop Trail. Rating B. The hike begins at the Bog Springs Campground in Madera Canyon in the Santa Rita Mountains, and passes through three areas fed by natural springs which are home to bamboo, huge Arizona sycamore, walnut, and fir trees. There are great views of Madera Canyon, Green Valley, Kitt Peak, and Baboquivari Peak from this trail, which involves strenuous, steep climbs in spots. Hiking poles recommended. Hike 6 miles; trailhead elevation 5340 feet; net elevation change 1360 feet; accumulated gain 2000 feet; RTD 130 miles.

Bridal Veil Falls. Rating A. The trail begins at Sabino Canyon Visitor Center and reaches the falls via the Esperero Trail. It crosses the Cactus Picnic area, a heavily used trail, and Rattlesnake canyon. It then gains elevation fairly quickly as it proceeds to Bird Canyon, narrowly avoiding a section of private land. The trail is well maintained but there are some steep climbs interspersed with short switchbacks. It eventually leads to the ridge nicknamed 'Cardiac Gap'. From the 'Gap', the trail then drops to the north side of the ridge and heads toward Cathedral Peak, circling the basin which leads to Geronimo Meadow. The last half mile to the falls is steep and may be overgrown, but is well worthwhile if there has been adequate rainfall to supply the falls. Hike 12.4 miles; trailhead

elevation 2700 feet; net elevation change 2640 feet; accumulated gain 3265 feet; RTD 56 miles.

Bridal Wreath Falls. Rating C. The Douglas Spring Trailhead is located at the east end of Speedway Blvd. The hike involves some relatively steep climbing up the Douglas Spring Trail for the first 2.5 miles, before turning off on the 0.3 miles spur leading to the falls. The trail is well used and easy to follow. Bring sun protection. Water may be flowing over the falls if there has been sufficient rainfall. Hike 5.6 miles; trailhead elevation 2720 feet; net elevation change 1120 feet; accumulated gain ___ feet; RTD 80 miles.

Brown Canyon Nature Tour - Buenos Aires National Wildlife Refuge (revised). Rating C. This is a beautiful canyon in the Baboquivari Mountains with wildflower, birding and wild animal spotting possibilities. Brown Canyon is located off Hwy # 286 south of Three Points near milepost 21. The nature tour will be led by trained volunteers from the Buenos Aires National Wildlife Refuge. The guided tour will highlight the geologic and ranching history of the canyon as well as the plants and birds. The hike ends at the 5th largest natural bridge in Arizona. The private group fee is \$40. Limited to 12 hikers. High clearance vehicle recommended. Hike 3.8 miles; trailhead elevation is 4100 feet; net elevation change 600 feet; accumulated gain 631 feet; RTD 174 miles (10 miles on dirt).

Canyon Loop, Birding and Nature Trails. Rating C. Starting at the main trailhead in Catalina State Park, this hike traverses an area that is a great example of the Sonoran Desert and its riparian areas. We first hike the Nature Trail which has panoramic views, and then continue onto the Canyon Loop Trail. We will fork onto the Birding Loop Trail prior to returning. If the group is really ambitious, we will swing through the Canyon Loop Trail the opposite way we came for a total of 6.7 miles. Depending upon the season, some water crossings are possible. Hike 4.6 miles; trailhead elevation 2700 feet; net elevation change ___ feet; accumulated gain 370 feet; RTD 24 miles.

Canyon Loop, Montrose Pools, and Birding Trails. Rating D. Starting at the main trailhead at Catalina State Park, the hike traverses an area that is a great example of the Sonoran Desert and its riparian areas. We take the Sutherland Trail to the Canyon Loop Trail, then hike up to Montrose Pools via the Romero Canyon Trail. On the way back, we will fork onto the Birding Loop Trail. Depending upon the season, some water crossings are possible. Hike 3.8 miles; trailhead elevation 2700 feet; net elevation change ___ feet; accumulated gain 320 feet; RTD 24 miles.

Catalina Hills Trash Cleanup Walk. Rating D. Volunteers are needed for the Trash Cleanup Walk for Catalina Hills Drive which is part of the Arizona Adopt A Highway Program. This is a community service that our club provides for SaddleBrooke and for Arizona. The walk will only take an hour to an hour and a half of your time. Trash bags and safety vests are provided by the Pinal County Highway Dept. Volunteers should bring gloves and a pickup stick if they have one. Volunteers will meet in the parking lot just west of the Fitness Center at SaddleBrooke CC.

Chivo Falls. Rating C. Chivo Falls is one of the tallest desert falls in the Rincon Mountains or the Tucson area. The hike starts off Redington Road on jeep trails. If there has been sufficient rain or spring snowmelt, the falls are very impressive. We'll lunch in a rock amphitheater below the falls. Hike 8 miles; trailhead elevation 4000 feet; net elevation change 700 feet; accumulated gain ___ feet; RTD 96 miles (dirt).

Deer Camp / Samaniego Roost Loop. Rating C. The hike begins in the Fifty-Year Trail area and proceeds easterly, up and out of Sutherland Wash to Deer Camp, then turns southwest on a trail that connects to the Samaniego Ridge Trail. We take the left fork and enjoy a fantastic view at the second "pull out". We return via the Samaniego Trail down slick rock to a grove of ocotillo, past two chollas that are so big they look like trees, through a dry creek bed, to a grove of 100-year old saguaros. Hike 6.5 miles; trailhead elevation 3200 feet; net elevation

change __ feet; accumulated gain 1288 feet; RTD 12 miles (dirt).

Deer Camp. Rating C. The hike begins in the Fifty-Year Trail area. We hike east up and out of Sutherland Wash, through beautiful rock formations with many saguaros to a camp at the base of Samaniego Peak. The return is via the same route. Hike 5.4 miles; trailhead elevation 3200 feet; net elevation change 825 feet; accumulated gain 980 feet; RTD 12 miles (dirt).

Douglas Spring Trail to the Campground. Rating B. Hikers drive to the east end of Speedway to reach the Douglas Spring Trailhead. The hike involves moderately some steep hiking on a well-used trail to the campground. Coming back we may take the spur out and back to Bridal Wreath Falls, and follow Douglas Spring Trail back to the trailhead. The trails are mostly open, so bring sun protection. Bring lunch. Hike 13 miles; trailhead elevation 2800 feet; net elevation change __ feet; accumulated gain 2684 feet; RTD 80 miles.

Extended Fitness Walk. Rating C/B. The walk begins at the SaddleBrooke parking lot and travels one of several routes in and around SaddleBrooke. Carry at least one quart of water. Hike 7.5 to 10 miles; elevation change 500 to 600 feet. Hike duration is 2.5 to 3 hours. Optional breakfast at the Road Runner Grill (need credit card as cash is not accepted).

****Fifty-Year Trail Area Loop – Short Version. Rating C.** The hike begins in the Fifty-Year Trail area off Golder Ranch Road, goes east to the Upper Loop Trail, then north to a rock for a break. Along the way, we pass the turn-offs for the Deer Camp and Hidden Canyon Trails. The hike continues north then turns west to return via the Fifty Year Trail. There are beautiful saguaros and rock formations, in addition to excellent views of SaddleBrooke, Sun City, and the Tortolitas. The hike may be done in reverse. Hike 4.6 miles; trailhead elevation 3200 feet; net elevation change __ feet; accumulated gain 500 feet; RTD 12 miles (dirt).

Fifty-Year Trail Area Loop. Rating C. The hike begins in the Fifty-Year Trail area off

Golder Ranch Road, goes east to the Upper Loop Trail, then north to a rock with a bench for viewing. The return is via the same Fifty-Year Trail. There are beautiful saguaros and rock formations, in addition to excellent views of SaddleBrooke, Sun City, and the Tortolitas. The hike may be done in reverse. Hike 6.1 miles; trailhead elevation 3200 feet; net elevation change __ feet; accumulated gain 878 feet; RTD 12 miles (dirt).

Finger Rock Guard. Rating A!. The hike begins from the Finger Rock Trailhead at the north end of Alvernon Way. Finger Rock Guard is the large rock formation to the east of Finger Rock, a well-known landmark that can be seen from many places in Tucson (and from Saddlebrooke). The hike begins with the first 2.5 miles and 2200 feet accumulated gain of the Finger Rock Canyon Trail, which leads eventually to Mt. Kimball. At the point where the trail turns northeast toward the Linda Vista Saddle, the trail descends a steep 200 feet into Finger Rock Canyon. The trail continues up a faint, steep and, in many places, slippery path to the saddle between Mt. Kimball and Finger Rock. From there, the trail turns southwest toward the rock guard. Rock scrambling and rock climbing are required to reach the summit 450 feet above the saddle. There is significant exposure to heights and steep drop-offs along the last few hundred feet of elevation. Bring extra water. Call to discuss with the hiking guide. This is a difficult hike but the fantastic views from the summit make it a "must do" for dedicated hikers. Hike 7 miles; trailhead elevation 3120 feet; net elevation change 3375 feet; accumulated gain 4000 feet; RTD 44 miles.

****Geocache Adventure. Rating C!** The objective of the outing is to locate geocaches (i.e., containers placed in hidden but interesting locations) in the area around Saddlebrooke using handheld GPS devices and previously determined map coordinates. Some bushwhacking over uneven terrain may be required and therefore it is recommended that jeans be worn. The outing will be around three hours and distance will depend on the group's rate of success in finding the caches. This is a great opportunity to become more proficient in

the use of your GPS. Each adventure will involve unique trailheads and trail conditions, with routes to be determined.

****Geology Walk. Rating D.** The walk starts at the Catalina State Park Group picnic area with a brief description of the early geologic history of the Catalina Mtns. We walk up the small hill next to picnic area and observe several features of the mountains. We then follow the Bridle Trail to the Sutherland Trail, observing some of the rocks and other younger features caused by erosion and more catastrophic events. There is a small hill near the picnic area, but otherwise flat and easy. The group will turn around shortly after the trail crosses the Sutherland Wash and return to the picnic area. If there is time and interest, a walk around the nature trail will be included. Hike __ miles; trailhead elevation 2700 feet; net elevation change is minimal; accumulated gain is minimal; RTD 24 miles.

****GPS Demonstration Hike. Rating D!** The objective of this outing is to better familiarize club members with the use of handheld GPS devices and to give them some hands-on experience navigating in the field. The hike will take place in a practice area on state trust land just north of Saddlebrooke where the club has setup a GPS course. Participants should bring their own GPS unit with the preloaded coordinates provided in a previous email to club members. Participants may share a GPS with another participant if they do not have a GPS. Hike 2-3 miles, trailhead elevation about 3700 feet; elevation change <200 feet; RTD 2 miles.

Honey Bee Canyon North Plus. Rating C. The hike takes place in Honey Bee Canyon at Rancho Vistoso. We'll see Hohokam petroglyphs and grinding holes, and end at a fence cross the wash. For those exploring Honey Bee for the first time, this is a real eye opener. Hike 4-5 miles; trailhead elevation 2700 feet; net elevation change 300 feet; accumulated gain 300 feet; RTD 26 miles.

Hutch's Pool. Rating C!. Hikers will take the Sabino Canyon tram (fee required) to the trailhead at its last stop up the canyon (fee required). After a moderately steep but brief

climb out of the canyon, the trail is mostly level but involves several stream crossings along the East and West Forks before reaching the pool. Some boulder hopping may be necessary depending on seasonal rains and winter snow melt on Mt. Lemmon. During periods of heavy rain or significant snow melt, the crossings can be difficult. Ask the guide about current stream flow conditions. This lovely hike will take the group to a permanent pool surrounded by giant Arizona Cypress trees, which is great place for a snack or lunch. The return is via the same route to the trailhead to catch the tram. Hike 8 miles; trailhead elevation 3300 feet; net elevation change 900 feet; accumulated gain __ feet; RTD 56 miles.

****Kentucky Camp Hike and Hot Dog Cookout. Rating C.** Kentucky Camp, located in the Santa Rita Mountains, was an active mining camp in the early 1900's. The venture was abandoned following the mysterious death of the chief engineer. The site has been a working cattle ranch and is now part of the Coronado National Forest. We will drive to the trailhead off Hwy 83 and hike to Kentucky Camp. We will carry supplies for a hot dog (kosher) roast at the historic site. Hike 6 miles; trailhead elevation 5215 feet; net elevation change 500 feet; accumulated gain __ feet; RTD about 110 miles with some dirt road.

Linda Vista Loop Trails. Rating C. The Linda Vista Trailhead and parking lot is one block east of Oracle Road on Linda Vista Blvd. The hike proceeds into the foothills of Pusch Ridge and is an excellent introduction to desert hiking. The trail gradually ascends to provide excellent views of Oro Valley. Hiking sticks may be helpful for rocky steps-up and steps-down. The trail passes through a riparian area and ascends to a rocky outcropping which is a good place for a snack break. There are magnificent saguaros throughout the drainage from Pusch Ridge. Hike 4 to 6 miles; trailhead elevation 2720 feet; net elevation change 400 feet; accumulated gain __ to __ feet, depending on route; RTD 28 miles.

Linda Vista Loop. Rating D. The Linda Vista Trailhead and parking lot is one block east of Oracle Road on Linda Vista Blvd. The hike proceeds into the foothills of Pusch Ridge and is an excellent introduction to desert hiking. The trail gradually ascends to provide excellent views of Oro Valley. Poles may be helpful for rocky steps-up and steps-down. The trail passes through a riparian area and ascends to a rocky outcropping which is a good place for a snack break. There are magnificent saguaros throughout the drainage from Pusch Ridge. Hike 3 miles (mileage may be extended by doing an extra loop – ask the guide); trailhead elevation 2680 feet; net elevation change 500 feet; accumulated gain ___ feet; RTD 28 miles.

Mt. Kimball via Finger Rock Canyon. Rating A. Starting from the Finger Rock Trailhead at the north end of Alvernon Way, this rocky trail climbs steadily and follows the canyon past Finger Rock, a prominent Tucson landmark high above the canyon floor. The trail passes Linda Vista Saddle between Mt. Kimball and "Little Kimball," and onto the Pima Canyon Trail. A half mile further and hikers arrive at the top of Mt. Kimball. The return hike is down the same trails. Hike 9.5 miles; trailhead elevation 3120 feet; net elevation change 4138 feet; accumulated gain 4148 feet; RTD 44 miles.

Mt. Wrightson via Old Baldy and Super Trails. Rating A. The hike begins in Madera canyon in the Santa Rita Mountains and follows Old Baldy Trail to Josephine Saddle where we take the Super Trail to Mt. Wrightson. This provides a more gradual ascent to Baldy Saddle, but the last 0.9 mile to the summit is steep and rocky with moderate exposure. At the top are outstanding 360-degree views of Tucson and the mountain ranges in the area. The return is via the Old Baldy Trail to Josephine Saddle and the Super Trail to the trailhead. There is abundant shade along the way. Hike 13.7 miles; trailhead elevation 5450 feet; net elevation change 4003 feet; accumulated gain >4100 feet. RTD 130 miles.

****Newman Peak Exploratory. Rating B!** Newman Peak, which sits across I-10 from Picacho Peak, is the highest point of the Picacho

Mountains. Very few people actually attempt its summit because there is no trail to speak of and road access is very confusing. The steep rock-hopping route to the summit follows a brushy main gully through cliff bands, boulders and cacti. Over 1400 feet of elevation is gained in the last mile. As you continue upward, you will be rewarded with layers and layers of mountains in all directions. From the summit, many ranges are visible, such as the Catalinas, Silverbells, Tucsons, Superstitions, Tortolitas, and Table Tops Mountains. Hike 4.5 miles; trailhead elevation 2200 feet; net elevation change 2250 feet; accumulated gain 2250 feet; RTD 90 miles (dirt).

Pima Canyon to 1st Dam. Rating D!. The Pima Canyon Trailhead is at the east end of Magee Road. We will hike the first part of Pima Canyon to the first dam and enjoy the beautiful scenery, take photos. There are pools of water at the dam most of the year. The trail is rocky at some points and involves some steps-up and steps-down but is not difficult. Hike 2.7 miles; trailhead elevation 2960 feet; net elevation change ___ feet; accumulated gain 470 feet; RTD 42 miles.

Pima Canyon to 2nd Dam. Rating C. The Pima Canyon Trailhead is at the east end of Magee Road. The first mile or so is across open desert along the south side of Pusch Peak. We pass the small first dam as we enter the beautiful, rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. The trail then leads to a rocky open area in the canyon beyond a small dam near several Indian grinding holes. The return is via the same route. Hike 6.2 miles; trailhead elevation 2960 feet; net elevation change ___ feet; accumulated gain 977 feet; RTD 42 miles.

Pima Canyon to the Saddle. Rating A. The Pima Canyon Trailhead is at the east end of Magee Road. The first mile or so of trail crosses open desert along the south side of Pusch Peak. It then enters a beautiful rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. We hike past a three small dams

and the perennial Pima Spring to the Saddle which provides a superb view of the entire Montrose Canyon and Romero Canyon drainage areas, the most inaccessible region of the entire Catalina Mountains. The overlook (el. 6480 feet) a few hundred feet past the Saddle is an excellent place for lunch. Hike 10.8 miles; trailhead elevation 2960 feet; net elevation change 3360 feet; accumulated gain 3570 feet; RTD 42 miles.

Pontatoc Ridge. Rating C!. The hike starts at the Finger Rock Trailhead at the north end of Alvernon Way. Sometimes called the "Old Spanish Mine Trail," the trail goes up the northwest side of Pontatoc Ridge to just below some old mines. There are great views of Tucson and the surrounding area from a saddle along the way. The hike is strenuous in some areas due to the steep incline and rocky path. There are short stretches of exposed trail near the old mines. Hike 5 miles; trailhead elevation 3100 feet; net elevation change 1300 feet; accumulated gain 1500 feet; RTD 44 miles.

Pusch Peak. Rating B!. From the trailhead at the east end of Linda Vista Blvd, the trail proceeds up the northwest side of Pusch Ridge to the top of Pusch Peak, which provides fantastic 360-degree views of Tucson, Oro Valley, and points north. The first 1.5 miles of the trail climbs gradually along a wash. The final 1.5 miles is difficult and strenuous with stretches of slippery footing, rock scrambling, and exposed, narrow, steep paths. Gloves are recommended. Along the final 1.5 miles, the trail passes four man-made dams and numerous excellent overlooks with views north, west, and south. Hike 6 miles; trailhead elevation 2620 feet; net elevation change 2641 feet; accumulated gain >2700 feet; RTD 28 miles.

Pusch Ridge to 1st Overlook. Rating C!. From the trailhead at the east end of Linda Vista Blvd, the trail proceeds part way up Pusch Ridge to a great overlook. The first mile of the trail climbs gradually along a wash. The final 0.5 miles is difficult with stretches of slippery footing, rock scrambling, and exposed, narrow, steep paths. Gloves are recommended. The trail passes four man-made dams. The overlook

provides excellent views north and west. Hike 3 miles; trailhead elevation 2620 feet; net elevation change 1100 feet; accumulated gain >1100 feet; RTD 28 miles.

Rams Creek Basin. Rating C. From the Rams Creek Pass subdivision, we hike up a wash on a new trail through nice vegetation and then climb 560 feet to a watering tank. There are great views of Rancho Vistoso, the Tortolitas, SaddleBrooke, and the Biosphere along the way. We then continue on to a waterfall where we will have lunch. The return is via the same route. Hike 5.4 miles; trailhead elevation 2600 feet; net elevation change 780 feet; accumulated gain 830 feet; RTD 21 miles.

Rincon Peak. Rating A. The trailhead for this hike is accessed on Mescal Road (16 miles dirt) off I-10 south of Tucson. Betty Leavengood refers to this hike as the PhD of hiking. Rincon Peak is the second highest peak in the Rincon Mountains and is located east of Tucson. An enormous rock cairn graces the summit. The views from the summit are worth the rigorous trek. Hike 16.2 miles; trailhead elevation 4288 feet; net elevation change 4300 feet; accumulated gain __ feet; RTD 165 miles (dirt)

****Robles Pass Trails in Tucson Mountain Park Exploratory. Rating C.** Robles Pass Trails are south of Ajo Highway and west of Mission Road. Thirteen trails loop together through washes and ridgelines with great views. We will explore several trails. Hike 7 miles; trailhead elevation __ feet; net elevation change __ feet; accumulated gain __ feet; RTD 75 miles.

Romero Pass. Rating A. The hike begins in Catalina State Park at the easternmost trailhead and follows an up and down trail past Romero Pools and Romero Springs to Romero Pass. The last 2 miles before reaching the pass is very steep and involves continual climbing. The return is via the same route. There are excellent views of Romero and Montrose Canyons along the way and of Cathedral Peak at the top. Rincon Peak is visible to the east. Hike 15 miles; trailhead elevation 2700 feet; net elevation change 3380 feet; accumulated gain 4040 feet; RTD 24 miles.

Romero Pools. Rating C. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where several pools are located. There are excellent views of Romero and Montrose Canyons along the way. The well-maintained trail is rocky and rough in places, but is not overly difficult for most hikers. An option is a 0.75 miles round-trip, relatively level hike to the upper pools. We will have lunch at the lower or upper pools. The return is via the same route. Hike 5.6 miles; trailhead elevation 2700 feet; net elevation change 980 feet; accumulated gain 1500 feet; RTD 24 miles.

Romero Springs. Rating B. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where several pools are located. The spring is located about 2 miles past the Romero pools in a very scenic section of the canyon. It has been known to have quite a bit of wildlife. There are excellent views of Romero and Montrose Canyons along the way. Lunch will be at the spring. The return is via the same route. Hike 10.4 miles; trailhead elevation 2700 feet; net elevation change 1960 feet; accumulated gain 2720 feet; RTD 24 miles.

Sabino Canyon - Bear Canyon Loop (with Trams). Rating B. We take the Sabino Canyon tram to its uppermost stop and follow the Sabino Canyon, the East Fork, and finally the Bear Canyon Trails to the Bear Canyon Trailhead. From there, it's 1.6 miles to the Visitor Center. Tram fee required. Hike 13 miles; trailhead elevation 3320 feet; net elevation change 1800 feet; accumulated gain/loss 2620/3220 feet; RTD 56 miles.

****SaddleBrooke's Dome Rock. Rating C.** Many SaddleBrooke residents have a view from their homes of "Dome Rock" -- the large dome to the east that is bald in the middle with patchy vegetation on both sides -- located about a third of the way up Charouleau Peak. Many have mused that it would be great to have a picnic on

top of this prominent landmark. Do this hike and you can make the claim. The hike leaves from the horse farm at the end of Arroyo Way near Unit 21. We cross Canada del Oro, which may have a shallow flow if it has rained, and follow a dirt road before turning left on the Charouleau Gap Road. After about 2 miles, passing forests of ocotillo, we climb across some interesting bald rock formations. There are great views of SaddleBrooke, Catalina and Biosphere along the way. Hike 5 miles; trailhead elevation 3200 feet; net elevation change __ feet; accumulated gain of 1,000 feet. RTD 0 miles.

Seven Falls. Rating B. The hike begins at the Sabino Canyon Visitor Center, and continues to lower Bear Canyon, then along the Bear Canyon Trail to Seven Falls. The return is via the same route. The falls, which constitute one of the most spectacular natural features in the Tucson area, usually have some water flowing over them but may be dry if there has been inadequate rain. The trail crosses the Bear Canyon wash several times in each direction and can involve significant boulder hopping/wading after rainy periods. Ask the guide about current conditions. Hike 8.7 miles; trailhead elevation 2720 feet; net elevation change 720 feet; accumulated gain 1550 feet; RTD 56 miles.

Superstitions: Peralta Trail. Rating C. The hike follows the Peralta Trail to Fremont Saddle in the Superstition Mountains. There are excellent views of Weavers Needle at the Saddle. This may be the area's most beautiful canyon. Legend has it that a loner named Jacob Waltz (The Dutchman) found a fortune in gold somewhere within the Superstition Mountains. Dominating the legends and the landscape is Weavers Needle. The canyon bottom is a jumble of huge boulders that have tumbled from the cliffs above. The trail is steep and rocky for most of the way. Hike 5.0 miles; trailhead elevation 2410 feet; net elevation change 1360 feet; accumulated gain 1410 feet; RTD 154 miles (dirt).

Superstitions: World's Greatest Saguaro Cactus. Rating B. The loop hike is a beautiful visit to the south central part of the Superstition Mountains. It begins and ends at the Peralta

Trailhead off Hwy # 60. Along the way, the group passes through beautiful Bluff Springs Canyon where there are great views of Weavers Needle. After passing Bluff Springs, we come to one of the most spectacular saguaro cacti in the world. The cactus is spectacular to behold and has an estimated sixty arms. We will try to determine its precise height. Bring along cameras and binoculars. The return is via the Dutchmans Trail circling Miners Needle and along a beautiful desert basin. Hike 11.8 miles; trailhead elevation 2400 feet; net elevation change 800 feet; accumulated gain 2000 feet; RTD 154 miles (dirt).

Sutherland Trail. Rating C. The Sutherland is a great trail for viewing wildflowers after adequate winter rains. Along the way, there are several beautiful saguaro cacti and great rock formations. There are numerous photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the waterfalls are flowing. The hike begins in Catalina State Park and ends at a very scenic, flat, rocky area. The return is via same route. Hike 6 miles; trailhead elevation 2700 feet; net elevation change 600 feet; accumulated gain ___ feet; RTD 24 miles.

Tanque Verde Ridge Trail. Rating B. The hike begins at the Javalina Picnic Area in Saguaro National Park – East off the Cactus Forest Drive loop road, and is a picturesque hike in the Rincon Mountains with tremendous views of Tucson and the surrounding area. The hike is somewhat steep in parts as it proceeds up Tanque Verde Ridge. At three miles into the hike, we will view a crested saguaro, but continue on another mile to lunch on a mesa with great views. There are some great photo stops along the way. Hike 8 miles; trailhead elevation 3120 feet; net elevation change 1900 feet; accumulated gain ___ feet; RTD 82 miles.

****Tortolita Mountains- Upper Javelina and Wild Mustang Trail to Lookout. Rating B.** The trailhead is at the Ritz Carlton Hotel parking lot. Hikers proceed through the Wild Burro Wash, up the Upper Javelina Trail, and connect with the Wild Mustang Trail. The hike continues to a rocky ridge with views of Dove Mountain development, Tucson and Marana. At that point we will stop for lunch/snacks and return to the trailhead. Hike 8.1 miles; trailhead elevation 2780 feet; net elevation change 1000 feet; accumulated gain 2092 feet; RTD 44 miles.

Wasson Peak via King Canyon Trail. Rating B. The hike begins at the trailhead across from the Arizona/Sonora Desert Museum and goes up the King Canyon Trail. We pass the Mam-A-Gah picnic area and continue to the Sweetwater Saddle, the junction with the Sweetwater Trail. For the next mile or so, it's a steep climb to the junction with the Hugh Norris Trail and a short uphill climb to the summit. The 360-degree views from the top include Tucson to the east, Green Valley to the south, Picacho Peak to the north and Sells to the west. Hike 8 miles; trailhead elevation 2880 feet; net elevation change 1807 feet; accumulated gain 1900 feet; RTD 73 miles.

Wasson Peak via Sendero Esperanza and Hugh Norris Trails. Rating B. The hike begins at Sendero Esperanza Trailhead off Golden Gate Road. The route follows the Esperanza Trail (1.8 miles) to the Hugh Norris Trail and on to Wasson Peak (2.2 miles). The climb is gradual and the Hugh Norris section is primarily a ridge trail with spectacular views. The 360-degree views from Wasson Peak include Tucson and Santa Catalinas to the east, Green Valley/Santa Ritas to the south, Sells to the west, and Picacho to the north. We will lunch on top of the Peak and return the same way. Hike 8 miles; trailhead elevation 2960 feet; net elevation change 1727 feet; accumulated gain ___ feet; RTD 73 miles (dirt).

SPECIAL BULLETIN

SaddleBrooke Hiking Club

Proposed By-Laws Revision: Additional Chief Guide On Board of Directors

Background

The Board of Directors of the SaddleBrooke Hiking Club is proposing changes to Section 4.01 (pertaining to organization) and Section 6.05 (pertaining to duties of the Chief Guide) of the By-Laws. The club organizational structure per our current By-Laws includes a Chief Guide as one of five voting Board members. The other voting Board members are President, Vice-President, Secretary, and Treasurer. The club has been operating for the past two years with two co-Chief Guides in accordance with Section 6.05 of the By-Laws which states that, "The club may choose to have an assistant to the Chief Guide." This was done to address the heavy responsibilities and work load vested in this office.

Proposed Revision

The Board of Directors is recommending that Section 4.01 of the By-Laws be revised to formally add another Chief Guide to the Board. The new Board structure would include a Senior Chief Guide and an Associate Chief Guide instead of a single Chief Guide. Both positions would be voting members of the Board. Terms of the two offices will be staggered to ensure continuity from year to year.

The Board of Directors is also recommending that Section 6.05 of the By-Laws be revised to reflect the new Chief Guide duties.

The text of the proposed By-Laws revision is included in an email attachment sent to all club members and is also posted on the club website on the By-Laws page.

Voting

The proposed By-Laws revision must be approved by two-thirds of those voting to pass. All members who have paid their 2011 dues are eligible to vote.

For your convenience, voting will be done electronically by email rather than having a special meeting. Indicate your vote for or against the proposed By-Laws by sending an email to the Club Secretary, Ken Wong at kmwong@q.com. Indicate in your email whether you are For or Against the proposed By-Laws change.

If email is not a viable option for you, you may mail your vote to: Club Secretary / 62837 E. Sandlewood Rd. / Tucson, AZ 85739. Include your name and voting preference. Phone in votes will not be accepted.

Email votes must be received by February 23, 2011 to be counted. Non-email votes must be postmarked no later than February 23, 2011.