



SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://saddlebrookehikingclub.com>

MAY/JUNE

2012-3

May 14-18 Flagstaff/Sedona Hiking Club Trip

With the issuance of the May/June Hiking Club Newsletter, it is now time to sign up for your hikes for the Flagstaff/Sedona trip occurring on May 14-18, 2012. Hikes of all ratings are being offered so please participate in the hikes that match your hiking ability. You will sign up for these hikes as you would for any other club sponsored hike - that is call the designated Guide and indicate your interest. If you have not made your lodging reservation please do ASAP as the hotels in those areas fill quickly in the spring. Bob Kolenda will be sending out a final email to all those who have indicated interest in the trip concerning trip details, reminders, the potluck dinner, etc. If you have just decided that you would like to participate, please contact Bob at rlkslt4@gmail.com so you can be placed on the email list and receive this last communication.

Hiking Club Cleans Up Trash On Catalina Hills Drive

By
Bill Leightenheimer



On March 30th and April 3rd, members of the SaddleBrooke Hiking Club cleaned up trash along Catalina Hills Drive. For the past five years, the club has cleaned up a 2.1 mile stretch of Catalina Hills Drive from SaddleBrooke Blvd into the Preserve twice a year. In 2007, the club began this activity as part of the state Adopt A Highway Program. Pictured

in the photo from left to right are: John Rivers, Ray Peale, Bob Geisen, Jim Eaton, and Angela Martin.

SaddleBrooke Hiking Club Member Meeting & Picnic – March 29th, 2012

By
Ken Wong

The SaddleBrooke Hiking Club held their biannual member meeting and picnic on March 29th at Catalina State Park. Seventy-two members attended, the main purpose of which was to elect new officers for the club. Outgoing officers were President Bill Leightenheimer, Secretary Ken Wong, and Associate Chief Guide Cheryl Werstler. Larry Allen was elected President, Dave Sorenson was elected Secretary, and Walt Shields was elected Associate Chief Guide. Continuing to serve for one more year are Vice President Bob Kolenda, Treasurer Virginia Brier, and Senior Chief Guide Larry Linderman. After the election, a picnic meal was enjoyed by all in attendance, replete with chicken, a fabulous assortment of side dishes and salads, and of course dessert. Four lucky members of the club won gift certificates in a raffle. Organizing the picnic were the Social Committee comprised of Beaver Simpson and Marge Wong. For information on membership in the club, visit the club's website at <http://saddlebrookehikingclub.com>, or call President Larry Allen at 825-7864



SaddleBrooke Hiking Club members in the food line at the Member Meeting & Picnic at Catalina State Park on March 29, 2012

Request for Hiking Club Programs

We have been so fortunate to have many of our SaddleBrooke hikers presenting audio-visual programs of their hiking adventures. Many thanks to you.

If you have completed a hiking trip with many photos suitable for an audio-visual presentation (DVD or PowerPoint) please call Elisabeth Wheeler; 818-1547 or e-mail elisarick@wbhsi.com. She is scheduling six programs for fall, 2012, and spring, 2013.

DeBruine's Win the GPS Course Prize

By
Bill Leightenheimer

In early January, the club sponsored a three day GPS workshop. This workshop was organized by Roy Carter with assistance from Cheryl Werstler, Walt Shields, and Bill Leightenheimer. The workshop was well attended and everyone learned how to make use of their devices.

Walt and Bill setup a GPS Field Exercise Course on state trust land above the Preserve. Participants had to be able to place coordinates into their units both in advance and while on the course to locate hidden jars containing the coordinates to the next find. Each find contained a code word which the participants had to copy down. The code words from the five finds formed a phrase. At the last find, participants were given the coordinates to a home in Saddlebrooke where they would drop off the code phrase.

Successfully completing the course were Roy and Karen Carter, Ruth and Paul DeBruine, Ron Moreland, Larry Allen, Frank Hartley, Tim Butler, Elisabeth Wheeler, Michael Reale, Litch and Bertie Litchfield, and Peter Giljohann.

The names of the winners were entered into a drawing and the team of Ruth and Paul DeBruine won a \$25.00 gift certificate to Summit Hut.

All participant learned how to better use their GPS devices and gained confidence in their use.

The club and all who participated wish to thank Roy, Cheryl, Walt, and Bill for all of their efforts.

The GPS Field Exercise Course is open until darkness on April 16th for the use of all club members. Any member may contact Bill at 825-5756

or at wmlhaz@gmail.com for instructions if they wish to give the course a try.

News You Can Use

Social Hour	5/16	4:00 p.m.
Board Meeting	6/6	2:45 p.m.
Guide Meeting	6/6	4:00 p.m.
Social Hour	6/20	4:00 p.m.

Hard copies of the Newsletter are available at the SaddleBrooke and Desert View Fitness Centers.

Board Members

President	Larry Allen 825-7864, allenlw70@gmail.com
Vice-President	Bob Kolenda 825-9972; rlkslt4@gmail.com
Secretary	Dave Sorenson 777-1994 iowaboy1950@yahoo.com
Treasurer	Virginia Brier 818-0493; virginiabrier@gmail.com
Chief Hiking Guides	Larry Linderman 303-6564; LLinderman13@gmail.com Walt Shields 818-3439 waltshields@mac.com

Volunteers

Catalina Hills Cleanup	Bill Leightenheimer, 825-5756; wmlhaz@gmail.com
Communications	Ken Wong 818-2561; kmwong@q.com
Programs	Elisabeth Wheeler;818-1547 elisarick@wbhsi.net
Membership Roster	Karen Cusano , 468-2501 kdjcnp@yahoo.com
Merchandise	Pam Corrigan, 850- 8885 pam@daveandpam.com
Newsletter Copies	Martha Hackworth, 818-2573 marthahackworth@gmail.com

Newsletter	Carole Rossof, 877-9262; crandmr@q.com
Publicity	Dave Sorenson, 777-1994; iowaboy1950@yahoo.com
Socials	Beaver Simpson, 818-7839; wbsortho@aol.com
Statistics and Awards	Susan Hollis, 825-6819; slhollis@yahoo.com
Work Days	Jim Strickler, 825-8735; sherabjim@wbhsi.net

General Information

Reservations: Call the guide to make a reservation for a hike. Let the guide know if you would be available to drive and whether or not you have a 'park entry pass' for the area. If you are unable to go on the hike after making a reservation, call the guide to cancel. The guide will call if a hike is canceled.

Arrival Time and Departure Area: The time listed for the hike is the departure time. It is important to arrive 10 to 15 minutes before departure time. All hikes leave from the left front parking lot of the MountainView Clubhouse (just east of the tennis courts) unless otherwise noted.

Medical Conditions: Prior to starting the hike, inform the guide of any special medical conditions or medications you may need.

Voluntary Driver Donations: Voluntary driver donations are shown in the table of Hikes Offered. If there are two entries under driver donation, for example \$7 + \$2, the first is for the driver and the second for any required entry and/or parking fee. If a state park pass is used for entry, the second amount should be given to the pass holder (whether he/she is the driver or not). Other persons in the vehicle who also hold park passes would not be responsible for the second amount. Note, that some hikes may require additional fees. Guides may also wish to split costs between drivers for drop-offs and/or unequal passenger loads. Small bills are appreciated. Since a driver may not have change, we would ask that, if

you see two entries for the driver donation, you try to have the amounts for each. Due to automobile insurance coverage considerations, it is recommended that any payment to the driver be made upon return to MountainView.

Items to Bring: Every hiker should carry identification and any medical alerts in a waterproof container. Always bring ample water (this can vary from a pint on a winter fitness walk to 3 or 4 quarts on a summer hike). On strenuous hikes or in very hot weather you may need to replace electrolytes (eat salty snacks, add electrolyte mix to water, or use sport drinks). A wide brim hat, sunscreen, sunglasses, and hiking stick or trekking poles are recommended in Arizona. Other suggested items include comfortable hiking boots, whistle, map, compass, tweezers, first-aid kit, and moleskin. Layered clothing works well due to possible changes in weather conditions. In addition, you should bring a snack or lunch depending upon the hike. High complex carbohydrates (nuts, trail mix, and etc.) are good.

Choosing Hikes: Hikes are more difficult than walks in SaddleBrooke because of the elevation change and our Arizona terrain. It is not unusual to encounter rocks, unsteady ground, and steep inclines. It is your responsibility to choose an appropriate hike that matches your physical abilities. The hike description is a great tool. Look closely at the length, elevation change, and comments in the description to determine if a hike is within your physical ability. If you aren't feeling "up to snuff" on the day of the hike, don't hesitate to cancel until a better day.

Assumption of Risk: When you joined the club, you were asked to sign a "Release of Liability". **We want to reinforce the fact that by signing the release you acknowledge that participation in the club's activities involves an inherent risk of physical injury and that you assume all such risks. Accidents can happen.** Learn about the risks and how to avoid them. Take an active part in protecting yourself and fellow hikers. We are an organization of volunteers who share their skills and love for the wilderness with one another.

Hike Elevation, Ratings & Pace

Elevation Change: Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change.

- **Net Elevation Change** is the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS).
- **Accumulated Gain** is the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is generally a more accurate indicator of hike difficulty than net change in elevation.
- **Accumulated Loss**, another measure of hike difficulty, is the sum of all downward stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device

Ratings: Ratings are based on the following round trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance.

<u>Hike Rating</u>	<u>Distance (Mi.)</u>	<u>Accumulated Gain in Elevation (Ft.)</u>
A	>14	>3000
B	8 to 14	1500 to 3000
C	4 to 8	500 to 1500
D	<4	< 500

Pace: Pace is described in terms of average speed in miles per hour (MPH) over the course of a hike from start to finish (excluding lunch). Average speed is affected by speed and length of stride, number of rest stops, incline, type of terrain, and trail conditions. The following four categories are used to describe pace in the hike descriptions:

<u>Pace</u>	<u>Average Speed (MPH)</u>
Leisurely	<1.5
Slow	1.5 to 2.0
Moderate	2.0 to 2.5
Fast	>2.5

Fitness Walks Five Days A Week

Maintain your fitness or get into better shape by joining us for a morning fitness walk. Enjoy the company of other hikers while perusing SaddleBrooke. The sessions last about one hour and are suitable for walkers of all ability levels. No advanced signup is required to participate in these walks. Please view the chart below for the start times for all the walking groups led by Bill Leightenheimer, Martha Hackworth, Judy Barenkopf and Dean Wilson.

Monday thru Friday fitness walks will start at the parking lot just west of the SaddleBrooke HOA #1 Fitness Center. If you have any questions please contact Martha at: 818-2573, or Bill at: 825-5756.

Judy's Tuesday walking group will start the Fitness Walk at the Mountain View Parking lot. On Thursday the walk begins at the SaddleBrooke Tennis parking lot. We walk for an hour and complete about 3 or 4 miles according to where we walk. Most of our walks are touring SaddleBrooke and the few times we leave the premises it is discussed amongst the walkers. We leave exactly at the time designated and wait for no one. For more information call Judy at 825-7077 or email at: mbarenkopf@msn.com

Slower walks around SaddleBrooke two days a week (days are negotiable) are led by Dean Wilson. If interested in participating in these walks, please call Dean at 818-0299

<u>Date</u>	<u>Start Time</u>
September 1st	6:30 a.m.
November 1 st	7:00 a.m.

<u>Date</u>	<u>Start Time</u>
April 1st	6:30 a.m.
June 1st	6:00 a.m.

Hikes Offered

<u>Date</u>	<u>Day of Week</u>	<u>Name of Hike</u>	<u>Hike Rating</u>	<u>Pace</u>	<u>Leave Time A.M.</u>	<u>Leader(s)</u>	<u>Phone Number</u>	<u>Driver Donation</u>
5/7	Mon	Mt Wrightson/Old Baldy	A		630	Art Dees	818-3131	\$10
5/8	Tues	Bog-Kent Springs	B		7:00	Dave Sorenson	777 1994	\$10
5/9	Wed	Pima Canyon to 2 nd Dam	C		6:30	Elaine & Howie Fagan	818-9555	\$3
5/14		AZT (Full)	C		TBA	Larry Linderman	303-6564	TBA
5/15	Tues	Humphrey's Peak	A		8:00	Frank Brier	818-0493	TBA
5/15	Tues	**Brins Mesa Loop	B		9:00	Roy Carter	818-3137	TBA
5/15	Tues	**Fischer Pt via Sandy's Canyon	C		9:00	Susan Hollis	825-6819	TBA
5/15	Tues	**Walnut Canyon	D		10:00	Jan Wilson Barb Leightenheimer	818-0299 825-5756	TBA
5/15	Tues	AZT (Full)	A		TBA	Larry Linderman	303-6564	TBA
5/16	Wed	AZT (Full)	A		TBA	Larry Linderman	303-6564	TBA
5/16	Wed	**Kachina Trail	B		8:00	Bill Leightenheimer	825-5756	TBA
5/16	Wed	**Kendrick Mt	B/C		8:30	Frank Brier (B) Susan Hollis (C)	818-3137 825-6819	TBA
5/16	Wed	**Fat Man's Loop	D		9:00	Jan Wilson	818-0299	
5/16	Wed	Social Hour SB Clubhouse Lounge			4:00 p.m.			
5/17	Thurs	AZT (Full)	B		TBA	Larry Linderman	303-6564	TBA
5/17	Thurs	**Weatherford Trail	A		9:00	Roy Carter	818-3137	TBA
5/17	Thurs	**Wilson Mt South	B		9:00	Michael Reale	825-8286	TBA
5/17	Thurs	**Sandy Seep Trail	D		10:00	Jan Wilson	818-0299	TBA
5/17	Thurs	Huckaby/Margs Draw	C		8:00	Larry Allen	825-7864	TBA
5/18	Fri	**Mund's Wagon Trail	B		10:00	Bill Leightenheimer	825-5756	TBA
5/18	Fri	**Boynton Canyon	C		9:00	Michael Reale	825-8286	TBA
5/21	Mon	Mt. Lemmon-Mint Springs	B		7:00	Michael Reale	825-8286	5/17
5/22	Tues	Romero Falls	A		5:30	Elisabeth Wheeler	818-1547	\$2+\$2
5/23	Wed	AZ Trail: Work Session	C		7:00	Jim Strickler	825-8735	\$0

Date	Day of Week	Name of Hike	Hike Rating	Pace	Leave Time A.M.	Leader(s)	Phone Number	Driver Donation
5/30	Wed	Mt Lemon-Wilderness of Rocks	B		7:00	Michael Reale	825-8286	\$10
6/4	Mon	Josephine Saddle Rogers Rock	B		7:00	Michael Reale	825-8286	\$10
6/5	Tue	Mt. Kimball	A		5:30	Elisabeth Wheeler	818-1547	\$4
6/6	Wed	Extended Fitness Walk	C/B	Fast	6:00	Dave Hydeman	289-5546	\$0
6/6	Wed	SBHC Board Meeting HOA 1 Activity Center			2:45 p.m.			
6/6	Wed	Guide Meeting Activity Center			4:00 p.m.			
6/8	Fri	American Flag	C		7:00	Don Taylor	825-5303 after 6/2	\$3
6/11	Mon	Romero Pools	C+		8:00	Marv Rossosof	877-9292	\$2+\$2
6/11	Mon	Mt Wrightson via Old Baldy	A		7:00	Michael Reale	825-8286	\$10
6/13	Wed	Phone Line Round Trip	B		7:00	Don Taylor	825-5303 after 6/2	\$4
6/15	Fri	Marshall Gulch/Aspen Loop	C		7:30	Howie and Elaine Fagan	818-9555	\$10
6/19	Tues	Bug Springs #1	B		7:00	Don Taylor	825-5303 after 6/2	\$7
6/20	Wed	Blackett's Ridge	B		6:30	Dave Hydeman	289-5546	\$4
6/20	Wed	Sutherland Trail	C		8:00	Marv Rossosof	877-9262	\$2+\$2
6/20	Wed	Social Hour SB Clubhouse Lounge			4:00 p.m.			
6/22	Friday	Seven Falls	B		6:30	Art Dees	818-3131	\$4
6/25	Mon	Guthrie Mt	B		6:30	Don Taylor	825-5303 after 6/2	\$8
6/29	Fri	Wilderness of Rocks	B		7:00	Elaine & Howie Fagan	818-9555	\$10

a- New hikes not yet included in the Hike Database are indicated with “**”.

b - Hike ratings are based on round trip distance and accumulated elevation gain, where available. Ratings flagged with a “!” indicate special trail conditions that might be of concern to some hikers. Please read the hike descriptions before deciding whether to sign up. Ratings flagged with a “☺” indicate an easier, smoother trail than normal at that rating.

c - Pace is moderate unless otherwise stated.

Hike Descriptions

American Flag. Rating C. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to the intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where

Bill Cody staked his gold mine in 1912. Hike 7.4 miles; trailhead elevation 4400 feet; net elevation change 950 feet; accumulated gain 1490 feet; RTD 41 miles

Arizona Trail: Work Session. Rating C. This is one of the Hiking Club work days. Come join the fun - it's nice to work side by side with other hiking club members, as we help maintain and report

conditions for the section of the Arizona Trail called, "Black Hills/South," for which our club is responsible. This 6-mile section starts on Tiger Mine Road, off Hwy # 77, just north of the Oracle State Park. Generally, the work is light, and involves clipping, brushing, raking, and pruning, and for some, repairing cairns, adding erosion control devices and other trail work (depending on rains). Bring along gloves, hat, and hand clippers. Other tools, if needed, will be provided. The session usually lasts about 4 hours, with a return to Saddlebrooke by 12:30 p.m. to 1:00 p.m. Bring water and snacks. Hike 3 to 6 miles; RTD 50 miles (dirt). The club will pay drivers' expenses.

Blackett's Ridge. Rating B. The hike begins at the Sabino Canyon Visitor Center, and follows relatively level, well-used trails east to the Phone Line Trailhead. After 0.4 miles along the Phone Line Trail, the Blackett's Ridge Trail branches right and continues up the ridge between Sabino and Bear Canyons. There are spectacular views of Tucson and the canyons to either side of the trail. The ridge part of the trail has several steep switchbacks mixed in with some level areas. There are three false summits before reaching the end of the trail, a point where it is not possible to continue because the terrain drops precipitously. Hike 6 miles; trailhead elevation 2720 feet; net elevation change 1689 feet; accumulated gain >1735 feet; RTD 56 miles.

Bog-Kent Springs Loop Trail. Rating B. The hike begins at the Bog Springs Campground in Madera Canyon in the Santa Rita Mountains, and passes through three areas fed by natural springs which are home to bamboo, huge Arizona sycamore, walnut, and fir trees. There are great views of Madera Canyon, Green Valley, Kitt Peak, and Baboquivari Peak from this trail, which involves strenuous, steep climbs in spots. Hiking poles recommended. Hike 6 miles; trailhead elevation 5340 feet; net elevation change 1360 feet; accumulated gain 2000 feet; RTD 130 miles.

Bug Spring Trail # 1. Rating B. From the Lower Bug Spring Trailhead (a quarter mile up the Catalina Highway from Hirabayashi Campground), the hike proceeds southeast along a narrow ribbon of trail carved into the granite hillside. After an uphill set of switchbacks, the terrain mellows out with outstanding vistas and views of granite sculptures. The trail dives down the north side of the ridge into a heavily forested drainage. Upward to the highpoint of the trail, you can see a few big madrone trees and views

of the Sierrita Mountains, Baboquivari and the mighty Rincons. The trail descends steeply to the Upper Bug Spring Trailhead (a quarter mile south of General Hitchcock Campground), which is the turnaround point. Return is via the same trail. Hike 9.2 miles; trailhead elevation 5000 feet; net elevation change 1625 feet; accumulated gain 2520 feet; RTD 94 miles.

Extended Fitness Walk. Rating C/B. The walk begins at the SaddleBrooke parking lot and travels one of several routes in and around SaddleBrooke. Carry at least one quart of water. Hike 7.5 to 10 miles; elevation change 500 to 600 feet. Hike duration is 2.5 to 3 hours. Optional breakfast at the Road Runner Grill (need credit card as cash is not accepted).

Guthrie Mountain. Rating B. The hike starts at the General Hitchcock Campground off Catalina Hwy and proceeds up the Green Mountain Trail to the Bear Saddle at the head of Bear Canyon. At the Saddle, hikers take the trail southeast to Guthrie Mountain and returns to the trailhead. Parking is usually available in the campground overflow parking lot. The Saddle and the trail along the ridge top from the Saddle to Guthrie Mountain afford great views of the Catalinas and the San Pedro Valley. A large rock face (0.25 mile/200 feet) will need to be climbed to reach the Peak. Hikers not wishing to do that portion of the hike would wait at an overlook. Hike 6 miles; trailhead elevation 6000 feet; net elevation change 1200 feet; accumulated gain 1960 feet; RTD 104 miles.

Josephine Saddle and Rogers Rock. Rating B. The hike starts in Madera Canyon (Santa Rita Mountains) and goes up Old Baldy Trail to Josephine Saddle. We then go down the Super Trail for about a mile and take a turnoff for Rogers Rock and travel about 0.25 miles to the rock. The top provides a wonderful view and is an excellent place to eat lunch. The return is down the Super Trail to the parking lot. The hike may be done in reverse. Hike, 6.5 miles; trailhead elevation 5450 feet; net elevation change 1630 feet; accumulated gain 1700 feet; RTD 130 miles.

Marshall Gulch / Aspen Loop. Rating C. The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in reverse. Hike 3.7 miles; trailhead elevation 7440 feet; net elevation change __ feet; accumulated gain 830 feet; RTD 130 miles.

Mt. Kimball via Finger Rock Canyon. Rating A. Starting from the Finger Rock Trailhead at the north end of Alvernon Way, this rocky trail climbs steadily and follows the canyon past Finger Rock, a prominent Tucson landmark high above the canyon floor. The trail passes Linda Vista Saddle between Mt. Kimball and "Little Kimball," and onto the Pima Canyon Trail. A half mile further and hikers arrive at the top of Mt. Kimball. The return hike is down the same trails. Hike 9.5 miles; trailhead elevation 3120 feet; net elevation change 4138 feet; accumulated gain 4148 feet; RTD 44 miles.

Mt. Lemmon Rock Lookout / Mint Spring Loop. Rating B. Starting in Summerhaven, we climb 1200 feet via Carter Canyon to the Aspen Trail, then up to the top of Mt. Lemmon (el. 9157 feet). We proceed down Lemmon Rock Lookout Trail (a descent of 1900 feet) into the Wilderness of Rocks. Another climb of 750 feet gets us to Marshall Saddle. From there we coast down the Mint Spring Trail back to Summerhaven. The hike is in forest shade and all above 7000 feet. Hike 8 miles; trailhead elevation 7000 feet; net elevation change 2100 feet; accumulated gain __ feet; RTD 130 miles.

Mt. Wrightson via Old Baldy Trail. Rating A. The hike begins in Madera Canyon in the Santa Rita Mountains and follows the Old Baldy Trail to Mt Wrightson. The return is via the same route. This trail provides the shortest route to the top (el. 9453 feet) of Mt. Wrightson. At the top are outstanding 360-degree views of Tucson and the mountain ranges in the area. There is shade along the way. Hike 11.1 miles; trailhead elevation 5540 feet; net elevation change 4003 feet; accumulated gain 4029 feet; RTD 130 miles.

Phone Line Trail - Round Trip. Rating B. The hike begins in the Sabino Canyon Visitor Center parking lot. After crossing Sabino Creek there is a moderate climb to the Phone Line Trail, which is above and generally parallels the tram road. The trail offers outstanding views of the canyon. There are

three options for the return: the tram road, the same trail, or back part way on the same to trail to a connecting trail that takes us down to the creek and dam and back to the parking lot. There are extended stretches of exposed trail. Hike 10.4 miles; trailhead elevation 2720 feet; net elevation change 1035 feet; accumulated gain 1375 feet; RTD 56 miles.

Pima Canyon to 2nd Dam. Rating C. The Pima Canyon Trailhead is at the east end of Magee Road. The first mile or so is across open desert along the south side of Pusch Peak. We pass the small first dam as we enter the beautiful, rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. The trail then leads to a rocky open area in the canyon beyond a small dam near several Indian grinding holes. The return is via the same route. Hike 6.2 miles; trailhead elevation 2960 feet; net elevation change __ feet; accumulated gain 977 feet; RTD 42 miles.

Romero Falls. Rating A. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where Romero pools are located. The falls are about 30 feet high and consist of water flowing down a steeply sloped rock face, and are a very unique feature in southern Arizona. The falls are located about 2.6 miles past the Romero pools and about 0.6 miles (and a little less than 500 feet additional elevation gain) past Romero Springs. The springs and falls are located in a very scenic section of the canyon, and have been known to attract quite a bit of wildlife. Lunch will be at the falls. The return is via the same route. Hike 11.6 miles; trailhead elevation 2700 feet; net elevation change 2420 feet; accumulated gain >3140 feet; RTD 24 miles.

Romero Pools. Rating C. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where several pools are located. There are excellent views of Romero and Montrose Canyons along the way. The well-maintained trail is rocky and rough in places, but is not overly difficult for most hikers. An option is a 0.75 miles round-trip, relatively level hike to the upper pools. We will have lunch at the lower or upper pools. The return is via the same route. Hike 5.6 miles; trailhead elevation 2700 feet; net

elevation change 980 feet; accumulated gain 1500 feet; RTD 24 miles.

Seven Falls. Rating B. The hike begins at the Sabino Canyon Visitor Center, and continues to lower Bear Canyon, then along the Bear Canyon Trail to Seven Falls. The return is via the same route. The falls, which constitute one of the most spectacular natural features in the Tucson area, usually have some water flowing over them but may be dry if there has been inadequate rain. The trail crosses the Bear Canyon wash several times in each direction and can involve significant boulder hopping/wading after rainy periods. Ask the guide about current conditions. Hike 8.7 miles; trailhead elevation 2720 feet; net elevation change 720 feet; accumulated gain 1550 feet; RTD 56 miles.

Sutherland Trail (One way). Rating C. The Sutherland is a great trail for viewing wildflowers after abundant winter rains. Along the way, there are several beautiful saguaro cacti and great rock formations. There are numerous photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the waterfalls are flowing. The route begins at the easternmost trailhead in Catalina State Park, uses the Cutoff Trail to connect to the north side of the park along FR # 643. A car shuttle will be needed along with high clearance 4WD vehicles. Hike may be done in reverse. Hike 4 miles; trailhead elevation 2700 feet (at Catalina); net elevation change 750 feet; accumulated gain __ feet; RTD 24 miles.

Wilderness of Rocks Loop # 1. Rating B. The hike begins at the Steward Observatory parking lot and proceeds down the Mt. Lemmon Trail and the Lemmon Rock Lookout Trail to about 7200 feet where it connects with the Wilderness of Rocks Trail. This trail leads to the Marshall Saddle, where we follow the Aspen Trail to Radio Ridge and back to the observatory parking area. Hike 6 miles; trailhead elevation 9100 feet; net elevation change 2000 feet; accumulated gain 2125 feet; RTD 131 miles.

Wilderness of Rocks. Rating B. The hike begins at the Marshall Gulch picnic area at the top of Mt. Lemmon. We climb up to Marshall Saddle then down the Wilderness of Rocks Trail. Three fourths of a mile past the intersection with the Lemmon Rock Lookout Trail is the Lemmon Creek area in the heart of the Wilderness of Rocks. There are beautiful rock formations with great views along the way. The return is via the same route, or optionally, by the

Aspen Loop Trail. Hike 7.5 miles; trailhead elevation 7440 feet; net elevation change 1550 feet; accumulated gain __ feet; RTD 131 miles.

Flagstaff Trails

Arizona Trail: Mount Elden (Passage 32). Rating B. The trail begins near the Cosino exit off I-40 (#207) and heads north, goes under some railroad tracks and heads west. It follows Wildcat Canyon and after several junctions and a gate, the trail reaches FR 510. From here it works its way north and west, and across a large open area. After reaching a road it follows it due west for a short distance and then continues northwest up to the Rio de Flag and a bridged crossing. Climbing out of this drainage the trail crosses numerous 2-track roads and then goes under Highway 89. A turn to the northeast and it reaches the junction to the Sandy Seep Trailhead. The route now follows the Sandy Seep Trail, connects with the Little Elden Trail, climbs up and around Little Elden Mountain and then reaches Schultz Pass Road and the Schultz Pass Trailhead. Hike 14 miles; trailhead elevations 6499 feet south and 6621 feet north; net elevation change 1536 feet; accumulated gains 1999 feet northward and 479 feet southward; RTD __ miles.

Arizona Trail: San Francisco Peaks (Passage 34). Rating A. From the Schultz Tank parking lot (Sunset Trailhead) the route proceeds north on the Weatherford/Kachina trail for a short distance and then turns left (west) on new single-track trail. It works its way west-northwest across the Fort Valley Experimental Forest for about 7.4 miles to the Snowbowl Road. After crossing Snowbowl Road, it climbs steeply for the next 4 miles, gaining about 1,400 ft to the bottom end of the Aspen Loop connector trail. From here the trail passes Lew Tank, and the junction with the Bismarck Lake TH access trail, and Bismarck Lake. The trail then trends northward down the slope, across several two-track roads and through an aspen grove to FR-418. It heads north-northwest around the base of the White Horse Hills, joins a two-track for a short distance, and then leaves the road and works its way northeast up to FR 514 and Kelly Tank. The trail parallels FR 514 and then continues to the north when FR 514 turns to the east. The route crosses FR 523 and begins following FR 416. It passes Badger Tank and Bonita Tank, and then the route turns to the northwest and travels to Missouri Bill Hill. It skirts around the west side of this hill, heads northwest to FR 417 and then west

over to Cedar Ranch. Hike 36 miles; trailhead elevations 8020 feet south and 6375 feet north; net elevation change 3013 feet; accumulated gains 2165 feet northward and 3810 feet southward; RTD ___ miles.

Fat Mans Loop (D/C) - The climb begins gradually and then climbs steeply to the halfway point. After that it is all downhill back to the starting point. The Fat Man's Loop and the Elden Lookout Trail are the same for about .2 miles. At that point the Fat Man's Trail branches to the right and proceeds parallel to the mountain. You will reach a narrow gap between two boulders that give the trail its name since a fat man could not squeeze through. At .9 miles you are high enough to get some views of Doney Park and Mt. Elden. You will also see some boulders as large as houses with interesting shapes. To reach the trailhead, from Flagstaff City Hall go east on Highway 89. Just past the Flagstaff Mall, you will see a trailhead sign and a paved driveway to your left into a parking lot bounded by a pole fence. Pull in and park. The trail is 2.4 miles with an elevation change of 630 feet.

Fisher Point via Sandy's Canyon (C) - Fisher Point sits atop a beautiful sandstone cliff and is accessed via the Sandy's canyon Trail. The canyon is heavily wooded after descending from Lake Mary Road. The first mile follows along the canyon rim then drops sharply and continues through a rocky wash to where it joins the AZ Trail. The path smooths out and after .9 miles you will see an enormous rock with a shallow cave. A posted sign leads you up the final mile via easy switchbacks to Fisher Point. To reach the trailhead, To reach the trailhead take Lake Mary Road south about 6 miles. You will pass the Ranger Station Visitor Center. Turn left at the entrance to the Canyon Vista CG. Drive through the campground to the trailhead. The trail is 6 miles with an elevation change of 866 feet.

Humphrey's Peak (A) - This hike begins in a meadow and then takes you several miles through a dense forest of aspen, fir and spruce. This portion is dark and as new views. As you ascend, the forest thins which permits some views to the west. At about 10,500 feet, the predominate tree species is bristlecone pine and the trail is exposed and the footing is poor due to a mixture of loose gravel and rough jagged lava. Above the timberline it is bare and almost always windy and cold. Where this trail meets the Weatherford trail, you can look into the Inner Basin for excellent views. To get to the trailhead,

head north out of Flagstaff on Highway 180 to milepost 223. Turn right on to Snow Bowl Road for 6.5 miles. At the sign for the trail, turn left to the parking area. The trail is 9.6 miles with an elevation change of 3363 feet.

Kachina Trail (B) - This trail starts at 9360 and winds easterly across the south face of the Peaks. It passes through a forest of fir, spruce and aspen and traverses the mountain in generally a downhill direction. You will pass interesting lava boulders and cliffs. You will enter Freidlein Prairie with great views of Fremont and Doyle Peaks. The trail ends in an open area where it meets an old road - the historic Weatherford Road. You return the way you came making for an uphill return. To reach the trailhead, go north out of Flagstaff on Highway 180 to milepost 223. Turn right on Snow Bowl Road for about 7 miles where you will see a sign for the Kachina Trail. Turn right parking near the trailhead. The trail is 10 miles with an elevation of 740 feet.

Kendrick Mountain (B) - The trail starts along a footpath where it joins an old road, now closed. From here it follows a series of steep switchbacks. At 2 miles, the road ends and you follow a footpath again. Just before the top you'll find the Old Ranger Cabin built in 1911-12. From here it is one more push to the Lookout Tower. Overall the trail has good footing as it was built as a working trail so that rangers could reach the Lookout Tower by horse. To reach the trailhead go 14 miles north out of Flagstaff on Highway 180 to milepost 230. Turn left on FR 245. Then turn on FR 171 and then right on FR 190. Park in the lot. The trail is 9.2 miles with an elevation change of 2420 feet.

Sandy Seep Trail (D) - This trail is wide with a gradual grade that meanders through open grassland dotted with ponderosa pines and oaks. There are excellent views of Mt. Elden and the Sunset Volcano Field. After passing by an area that was burned by a fire, you will approach a hill to your right. The trails winds around the hill and will meet the end of the Christmas Tree Trail. Turn right and hike until the Sandy Seep trail ends at the Heart Trail. To reach the trailhead, from the Flagstaff City Hall drive northeast through Flagstaff on US 89A (Santa Fe Avenue). One half mile beyond the Townsend/Winona Road intersection a short Forest Road (FR 9139) turns west off the highway to the trailhead. The hike is 3 miles with an elevation change of 370 feet.

Weatherford Trail to Fremont Saddle (A) - The trail is actually an old road bed constructed in the 1920's by John Weatherford who would take tourists almost to the top of Humphrey's Peak in Model T's. The first two miles are relatively easy but then it starts to make long switchbacks up to the bottom of Fremont Peak through the Kachina Peaks Wilderness. We will stop at the Fremont Saddle and return the same way. To reach the trailhead, go north out of Flagstaff on Highway 180. Turn right on FS 420 (also known as Schultz Pass Road). Go about 6 miles to the parking lot at Schultz Tank where the trailhead is located. The hike is 14 miles with an elevation gain of 2800 feet.

Sedona Trails

Boynton Canyon (C) - This scenic box canyon in Sedona is also a vortex. Ruins dot the red sandstone canyon walls. Immediately after leaving the trailhead, Vista trail forks off to the right and leads up to the Boynton Spires where the vortex is said to reside. Return to the main trail where it overlooks the Enchantment Resort. The trail winds along the east face of the canyon hugging its ruin-dotted red cliffs. At just under 1.25 miles you come downhill. The trail turns away from the cliffs and follow the canyon floor. Soon after this you will cross a wash. At about 3.5 miles into the trail, the trail pinches down as the canyon narrows. This is a good stopping point. To reach the trailhead, from the "Y" in Sedona (the intersection of Highways 179 and 89A) take 89A toward Cottonwood. At milepost 371, turn right on Dry Creek Road and continue to a stop sign. Turn left on FR 152C (Boynton Pass Road). At the stop sign turn right and the parking lot is on the right about .1 miles. The trail is 6 miles with an elevation change of 500 feet.

Brin's Mesa Loop (C) - Brins Mesa Loop. Rating C. The hike begins at the Jordan Road Trailhead at the north edge of Sedona and continues along and to the west of Morman Canyon to Brins Mesa. At the highest point reached on the Mesa, there are great views of Maroon and Lost Wilson Mountains, and other peaks north and west of Sedona. After about 2 miles, the group will turn southwest and then southeast along Soldiers Pass Trail. Along a portion of Soldiers Wash is a beautiful area of slick rock frequently visited by the Jeep Tours. However, most of the loop is closed to jeep traffic. The trail eventually reaches an intersection of trails near

Devils Kitchen (a sinkhole with interesting rock formations), and takes the Jordan and Cibola Pass Trails back to the trailhead. The Sedona Visitors Bureau rates the Brins Mesa Trail portion of the loop (which is where most of the ascent is) as moderately difficult. Hike distance 7 miles; trailhead elevation 4640 feet; net elevation change about 350 feet; accumulated gain 500-600 feet.

Huckaby Trail and Marg's Draw (C) - This hike combines two very scenic trails along the east side of Oak Creek Canyon not far from downtown Sedona. The hike begins at the Midgely Bridge Trailhead, crosses Oak Creek (requires boulder hopping or wading) at the mouth of Wilson Canyon off Rt. 89A, crosses Bear Wallow Canyon and Schnebly Hill Road, and ends at the Morgan Road Trailhead off Rt. 179. The north to south hike is mostly level but includes views of beautiful Oak Creek along the way. There is a good bit of shade along the creek. Depending on the number of hikers, the hike may be done as a key exchange, or vehicles may be dropped at the end of the hike. If Oak Creek near the Midgely Bridge is impassable due to high water (or the group chooses not to cross), the hike will start at Schnebly Hill Road on the Margs Draw Trail, and continue south past Morgan Road along the Broken Arrow Trail, past the Devils Dinning Room (a sinkhole) and Chicken Point to the Chapel Trailhead, with nearly the same statistics as below. Additional length can be added to the Broken Arrow Trail with a 1.2 mile round trip to Submarine Rock. The Sedona Visitors Bureau rates the Huckably Trail as moderately difficult and the Broken Arrow Trail as easy. They offer no rating for Margs Draw, but, from map data, it appears to be relatively easy. Hike 5 miles; trailhead elevation 4720; net elevation change (from the north) minus 350 feet; accumulated gain is minimal from the north and about 500 feet from the south.

Mund's Wagon Trail (B) - This hike takes you up Schnebly Hill following portions of an old wagon trail. It is very interesting and scenic. The trail begins at a trailhead used by Huckaby and Marg's Draw Trails. About 1.25 miles into the trail you will see sheer white cliffs to the right and red cliffs on the left. Near the end of the trail it winds halfway around the Merry-Go-Round rock formation using a flat rock-free shelf of limestone as a natural roadway. This part of the trail has excellent views. To reach the trailhead, from the "Y" in Sedona, go south on Highway 179. After you pass over the bridge by Tlaquepaque, turn left on Schenbly Hill Road. Drive

1.3 miles where you turn left into a multi-trailhead parking lot. The hike is 9 miles with an elevation change of 1000 feet.

Walnut Canyon (D) - Hike down into Walnut Canyon and walk in the footsteps of the people that lived here over 900 years ago. Under limestone overhangs, the Sinagua built their homes. These single story structures, cliff dwellings, were occupied from about 1100 to 1250. Come out and see millions of years of history unraveled in the geology of the rocks. Different life zones overlap here, mixing species that usually live far apart. In this canyon, desert cacti grow alongside mountain firs. pueblo people of today. Allow at least 2 hours to see the museum, hike down to the cliff dwellings (Island Trail closes one hour before closing), and walk the Rim Trail.

The Island Trail descends 185 feet (56m) into the canyon providing access to 25 cliff dwelling rooms. The trail, a strenuous .9 mile (1.4km) round trip, is one of the best ways to experience the park. Climbing the 240 steps back up can tax heart and lungs. Bring water! Elevation: 6690ft (2039m). Island Trail closes at 4:00pm daily and 5:00pm in June, July and August. To get to Walnut Canyon, take I 40 East out of Flagstaff for about seven or eight miles. The freeway exit is clearly marked Walnut Canyon.

Wilson Mountain South (B) - The hike is divided into three legs

:Midgley Bridge to First Bench:

This is a steep climb from the start over a high desert landscape. As you rise , you reach an area with little shade where you switchback to the top. You reach the First Bench, a long plateau running the length of the mountain.

First Bench to the Tool Shed:

Take the path going left, toward the high cliffs. You will climb above First bench into a pine and oak forest. After a 500 foot climb you will come on to an intermediate top, then make a 300 foot climb to the Tool Shed, where fir-fighting tools are stored.

Tool Shed to North Rim:

This is a walk on level ground through a forest. You will walking out to the mountain's north edge where you will have excellent views. To reach the trailhead, from the sedona "Y" travel north on 89A. Just across Midgley Bridge is the parking area on the left. The trail is 10.6 miles with an elevation change of 2400 feet.