



SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://saddlebrookehikingclub.com>

JULY/AUGUST

2015

SADDLEBROOKE HIKING CLUB HIKES PALM SPRINGS ON ANNUAL TRIP



The annual hiking trip in April was to the Palm Springs, California, area. The hikes were a surprise to many, as the diverse physical beauty of the area was striking. The weather was perfect with little wind and mild 70-degree days.

Most people started out on the trip by hiking Indian Canyons, a place of waterfalls and palm trees. Then the next day, we were hiking in boulder-strewn Joshua Tree National Park, with every plant and flower seemingly in bloom. And on the third and last day, we hiked in Mt. San Jacinto State Park from the top of the tram. There was a little snow still at 8,500

feet elevation, and the old-growth forest was magnificent.

Other Palm Springs area hikes covered the Pacific Crest Trail, daunting Murray Hill, and the Ladders hike to a slot canyon.

This year's annual trip to Palm Springs was the first to a large urban area with a population of 400,000 in the Palm Springs-Palm Desert area. The hikes were as far away as 60 miles from Palm Springs and as close as in the city itself. I would like to thank the guides and hikers who made the trip a success.

The Palm Springs trip, which attracted about 60 club members, was the most recent annual club trip. Previous years included memorable adventures in the Grand Canyon, Flagstaff and Sedona, Zion National Park, and Arches and Canyonlands National Parks near Moab, Utah.

The Board is already investigating possible locations for the 2016 Annual Trip.

Submitted By Dave Sorenson

FALL PICNIC SET FOR CATALINA STATE PARK

Mark your calendars for October 16, 2015. That is the date for another great SaddleBrooke Hiking Club fall picnic. We will be back at Catalina State Park and will have morning hikes before our club meeting and picnic.

Details will be available closer to the event date—but for now, Save the Date, October 16, 2015.

News You Can Use

SBHC Board Meeting Coyote Room North	8/5 Wed.	2:30-4:00 P.M.
SBHC Guide Meeting Coyote Room North	8/5 Wed.	4:00-5:00 P.M.

NOTE: THE MONTHLY SADDLEBROOKE HIKING CALENDAR IS POSTED ON THE CLUB WEBSITE, AS WELL AS IN THE CURRENT NEWSLETTER.

Club Calendar

Saddlebrooke Hiking Club Calendar Jul 2015 (Mountain Time - Arizona)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30 C Aravaipa West	1	2	3	4
5	6	7	8 B - Wilderness of	9	10 C Box Camp Trail to	11
12	13	14	15	16	17	18
19	20	21 C Marshall Gulch /	22	23	24 D Sabino Canyon	25 C Ski Lift Loop
26	27	28	29	30 B Josephine Saddle /	31	1

Saddlebrooke Hiking Club Calendar Aug 2015 (Mountain Time - Arizona)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30 B Josephine Saddle /	31	1
2	3	4 C Palisade Trail /	5 Board Meeting Guide Meeting	6 C American Flag	7	8
9	10 B Wilderness of	11	12 C Heart of Rocks	13 C Cochise	14	15
16	17	18 B Wilderness of	19	20 B Guthrie Mountain	21	22
23	24	25	26 C Green Mountain	27	28 B Wilderness of	29
30	31	1	2	3	4	5

Hikes Offered

Wednesday, July 08, 2015 Wilderness of Rocks. Rating: B. Pace: Moderate [7:00 AM, \$10]. The hike begins at the Marshall Gulch picnic area at the top of Mt. Lemmon. We climb up to Marshall Saddle then down the Wilderness of Rocks Trail. Three fourths of a mile past the intersection with the Lemmon Rock Lookout Trail is the Lemmon Canyon area in the heart of the Wilderness of Rocks. There are beautiful rock formations with great views along the way. The return is via the same route, or optionally, by the Aspen Loop Trail. Hike 7.2 miles; trailhead elevation 7440 feet; net elevation change 1550 feet; accumulated gain 1538 feet; RTD 131 miles. [Guide: Howie and Elaine Fagan, 818-9555, howieandelaine@q.com]

Friday, July 10, 2015 Box Camp Trail to Sabino Canyon Overlook. Rating: C. Pace: Moderate [7:00 AM, \$9]. The hike begins at the Box Camp Trailhead near Spencer Peak on Catalina Hwy. After a short uphill climb, the hike proceeds downhill for 2.5 miles to an overlook that provides a marvelous, panoramic view of Sabino Canyon area. We will have lunch here, and then return slowly uphill to the trailhead. Hike 5 miles; trailhead elevation 7920 feet; net elevation change 1600 feet; accumulated gain __ feet; RTD 123 miles. [Guide: Tim Butler 825-0193, tucsontimmer@gmail.com]

Tuesday, July 21, 2015 Marshall Gulch/Aspen Loop. Rating: C. Pace: Moderate [7:00 AM, \$10]. The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in reverse. Hike 3.7 miles; trailhead elevation 7440 feet; net elevation change 575 feet; accumulated gain 860 feet; RTD 130 miles. [Guide: Tim Butler 825-0193, tucsontimmer@gmail.com]

Friday, July 24, 2015 Sabino Canyon Trails. Rating: D ☺. Pace: Moderate [7:00 AM, \$4]. We will explore the many lower (but unpaved) trails at Sabino Canyon including the Bajada Loop Nature Trail that identifies some of the desert plants seen throughout the canyon. We will also stop in the Visitor Center. Hike <4 miles; trailhead elevation 2700 feet; net elevation change <400 feet; accumulated gain __ feet; RTD 56 miles. Sorenson 777-1994.

Saturday, July 25, 2015 Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [7:00 AM, \$10]. From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail # 5 along Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. Don Taylor 825 5303.

Thursday, July 30, 2015 Josephine Saddle / McBeth Springs Rating B. Pace Moderate. [NEW, 7:00 AM, \$10] Starting in Madera Canyon (Santa Rita Mountains), the hike proceeds up the Super Trail to the Josephine Saddle, with a side jaunt to McBeth Springs. The return is via the Super Trail or Old Baldy Trail. Hike 9 miles; trailhead elevation 5450 feet; net elevation change 1630 feet; accumulated gain __ feet; RTD 130 miles. [Rob Simms, Spartan7375@gmail.com or 517-410-9031].

Tuesday, August 04, 2015 Palisade Trail / Mud Spring. Rating: C. Pace: Moderate [7:00 AM, \$9]. Starting at the Showers Point Campground behind the Palisade Ranger Station off Catalina Hwy, we will hike down the Palisade Trail through pine forest to Mud Spring and return. The spring is a grand lunch site with a panoramic view of the valley. Most of the climb is on the return. The trail is moderately shady. Hike 6.7 miles; trailhead elevation 7770 feet; net elevation change -1342 feet; accumulated gain 1502 feet; RTD 119 miles. [Guide: Tim Butler 825-0193, tucsontimmer@gmail.com]

Wednesday, August 05, 2015 Board Meeting Coyote Room North 2:30-4:00 PM

Wednesday, August 05, 2015 Guide Meeting Coyote Room North 4:00-5:00 PM

Thursday, August 06, 2015 American Flag. Rating: C. Pace: Moderate [7:00 AM, \$4]. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1325 feet; RTD 41 miles. Don Taylor 825-5303.

Monday, August 10, 2015 Wilderness of Rocks. Rating B. Pace Moderate. [7:00 AM, \$10]. The hike begins at the Marshall Gulch picnic area at the top of Mt. Lemmon. We climb up to Marshall Saddle then down the Wilderness of Rocks Trail. Three fourths of a mile past the intersection with the Lemmon Rock Lookout Trail is the Lemmon Canyon area in the heart of the Wilderness of Rocks. There are beautiful rock formations with great views along the way. The return is via the same route, or optionally, by the Aspen Loop Trail. Hike 7.5 miles; trailhead elevation 7440 feet; net elevation change 1550 feet; accumulated gain __ feet; RTD 131 miles. Larry Allen 825-7864.

Wednesday, August 12, 2015 Chiricahua Heart of Rocks. Rating: C. Pace: Moderate [7:00 AM, \$21]. The hike consists of the Ed Riggs, Mushroom Rock, Big Balanced Rock and Heart of Rocks Loop Trails, visiting the most spectacular rock formations in Chiricahua National Monument. If time permits, we may include a portion of the scenic Echo Canyon trail. The plan is to stay overnight in a Bed and Breakfast and then drive to Cochise Stronghold on the way back on August 13. Hike 7.3 miles; trailhead elevation 6780 feet; net elevation change <1000 feet; accumulated gain __ feet; RTD 288 miles. Sorenson 777-1994.

Thursday, August 13, 2015 Cochise Stronghold (East) / Amerind Foundation Museum. Rating: C. Pace: Moderate [8:00 AM, \$16]. This is a beautiful hike through the Dragoon Mountains to a saddle that provided a hiding place for Cochise during the apache wars. The area contains several beautiful rock formations and pinnacles. On the way back, we will stop at the Amerind Foundation Museum (fee required), where American Indian artifacts are on display. Hike 6 miles; trailhead elevation 4500 feet; net elevation change 1298 feet; accumulated gain 1298 feet; The Stronghold is 60 miles from the Chiricahuas and on the way back to Tucson. Sorenson 777-1994.

Tuesday, August 18, 2015 Wilderness of Rocks Loop # 4. Rating: B. Pace: Moderate [7:00 AM, \$10]. The hike begins at the Steward Observatory parking lot. Although the hike can be done in reverse, the most popular route would follow Mount Lemmon Trail # 5 to the Lookout Tower spur and down Lemmon Rock Lookout Trail to Wilderness of Rocks Trail where the group would turn SW (right). After 2.3 miles, this trail intersects the Mount Lemmon Trail, which is followed back up to the top. As an alternative, the Meadow Trail (#5A) could be followed for the last 0.8 miles to the trailhead. Hike 9.4 miles; trailhead 9100 feet; net elevation change 2072 feet; accumulated gain 2558 feet; RTD 131 miles. [Guide: Tim Butler 825-0193, tucsontimmer@gmail.com].

Thursday, August 20, 2015 Guthrie Mountain. Rating: B. Pace: Moderate [6:30 AM, \$8]. The hike starts at the General Hitchcock Campground off Catalina Hwy and proceeds up the Green Mountain Trail to the Bear Saddle at the head of Bear Canyon. At the Saddle, hikers take the trail southeast to Guthrie Mountain and returns to the trailhead. Parking is usually available in the campground overflow parking lot. The Saddle and the trail along the ridge top from the Saddle to Guthrie Mountain afford great views of the Catalinas and the San Pedro Valley. A large rock face (0.25 mile/200 feet) will need to be climbed to reach the Peak. Hikers not wishing to do that portion of the hike would wait at an overlook. Hike 6.2 miles; trailhead elevation 6000 feet; net elevation change 1200 feet; accumulated gain 1959 feet; RTD 104 miles. Don Taylor 825-5303.

Wednesday, August 26, 2015 Green Mountain Trail Rating C. Pace Moderate [7:00 AM, \$9] Starting at the Green Mountain Trailhead near San Pedro Vista on Catalina Hwy, we follow Green Mountain Trail #21 which provides beautiful views of the San Pedro River Valley. Along the trail, a short side trail, .8 additional miles round trip, leads to Maverick Springs. Continuing along Green Mountain Trail, at Bear Saddle, turn right and hike down towards General Hitchcock Campground. At General Hitchcock Campground, the trail continues south toward Middle Bear Picnic Area. This is a one way hike, and requires a second car to be left at Middle Bear Picnic area (between mileposts 11 and 12 on the Catalina Hwy). Hike 5.3 miles; trailhead elevation 7497; net elevation change minus 1632; accumulated elevation LOSS 2,333; accumulated elevation gain 714. RTD 115 miles. [Rob Simms, Spartan7375@gmail.com, 517-410-9031]

Friday, August 28, 2015 Wilderness of Rocks Loop # 2. Rating: B. Pace: Moderate [7:00 AM, \$10]. Starting at Marshall Gulch picnic area, this hike climbs up to Marshall Saddle then goes toward Mt. Lemmon on the Aspen Trail, passing Carter Canyon along the way. The hike continues to Radio Ridge and the Steward Observatory parking area then heads down via the Mt. Lemmon and Lemmon Rock Lookout Trails to the Wilderness of Rocks Trail. We take this trail back up to Marshall Saddle and down to Marshall Gulch Picnic Area parking lot. Hike 9.0 miles; trailhead elevation 7440 feet; net elevation change 1793 feet; accumulated gain 2475 feet; RTD 131 miles. [Roy Carter, 818-3137].