

SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://saddlebrookehikingclub.com>

JULY/AUGUST

2021

CORONA/BOW TIE ARCH HIKE MOAB, UT

Submitted by Bruce Landeck

On April 14, Jeff Love led hikers to impressive Corona Arch. Hikers included Martha Baird, Joan Chyall, Susan Love, Chris Sweat, Don Taylor, and Bruce Landeck. Corona Arch is a natural Navajo sandstone arch, which is partially freestanding and located in a side canyon of the Colorado River west of Moab.



Hiking to Corona Arch involved negotiating two sets of safety cables and a short ladder to reach the slickrock bench leading to this 140' x 105' magnificent natural structure. In contrast, Delicate Arch's opening is only 46' x 32'. On the way to Corona, hikers passed by Bow Tie Arch, which is a pothole arch formed when a pothole filled with water and eroded through over time.

The hikers started early on this beautiful morning and encountered very few others along the trail - a definite bonus. We did talk to two guys who told us

that before the practice was banned in 2015, people used to climb to the top and swing through the opening on a rope (you can watch a YouTube video "World's Largest Rope Swing").



After enjoying a snack and taking pictures under Corona Arch, the hikers returned to the trailhead with memories that will last a long time.

SADDLEBROOKE HIKING CLUB FALL MULTI-DAY HIKING TRIP TO FLAGSTAFF, ARIZONA

October 12 - 14 2021

Submitted by Susan Love

This may or may not be peak fall color. But the dilemma we had was – fall color or more guides? Last year the Flagstaff trip was October 13-15; and the majority of the leaves, particularly the aspen, had fallen. It was in stark contrast to the prior year in Durango where we hiked through forests of golden leaves, compared to walking on top of brown leaves

in Flagstaff. Even though some suggested we do a Flagstaff trip earlier, we all know Mother Nature does not schedule her colors. So, we chose the week with the greatest number of guides.



A variety of hikes at levels A, B, C, & D will be offered. October is still considered prime time in Flagstaff, so book your lodging early. Most hikers will want to arrive on or before Monday, October 11, and depart Friday, October 15. Members must arrange their own transportation, food, and lodging.

Registration is open now. **Participation is capped at 40 hikers** (not including guides), due to the reduced number of six available guides - so register early! Arlene Daigle will maintain the registrant list. Register by sending an email to Arlene at ardaigle1@aol.com and provide her with:

1. Your name(s)
2. Where you will be staying
3. Your email(s)
4. Your cell number(s)
5. Travel partner(s)

LODGING: Prices have gone up since last fall. *Springhill Suites* is now \$160/night + 11% tax. *Baymont by Wyndham* @ Flagstaff is \$75 if you book one room online (various sites), but \$99 with a group rate. The *Baymont* has breakfast included, but does not appear to be pet-friendly. As of 5/24/2021, we do not have a home base for the trip or a meeting place for most hikes; but the *Baymont* looks like a good choice.

Make your reservations ASAP. Hotel options are numerous in the area.

RV AND/OR TENT CAMPING: Flagstaff has many options. Numerous National Forest campgrounds and RV parks are listed when you visit the official [Flagstaff Visitor Center website](#) or call 928-213-2951.

NEARBY ATTRACTIONS:

Historic Route 66 bisects the town and has three National Monuments:

- 1) Walnut Canyon National Monument (10+ mi east)
- 2) Sunset Crater Volcano (20 mi northeast)
- 3) Wupatki National Monument (30 mi north).

Other:

Albuquerque International Balloon Fiesta is October 2 - 10, 2021 (5 hours east of Flagstaff).

CLIMATE: October weather is usually **mid to low 60's for the high, with overnight lows in the 30's**. The city elevation is near 7,000' and hikes may be much higher. It may be advantageous to arrive a day or two earlier to acclimate yourself.

Approximately **two months before the trip**, Randy Richards will provide registrants with hike and guide information. When the hike/trail list is available, sign up for hikes directly with the hiking guide(s).

A **pre-event potluck for hikers going to Flagstaff is scheduled for Tuesday, September 28, 2021**, from 5-8 p.m. at the Tennis Patio area. Guides will describe their hikes, answer questions, and make any last-minute changes.

Details on the trip, including registration requirements will be posted on the SaddleBrooke Hiking Club website under the "**Programs & Club Trips**" tab.

<http://saddlebrookehikingclub.com>

For questions, contact Susan Love by email, phone, or text. jrsrb2003@yahoo.com or 701-340-2298

FISHER TOWER – MOAB UT

Submitted by Mike Hovan



"BUT TIM SAID THIS WAS A 'C' HIKE – WE MUST HAVE TAKEN A WRONG TURN."

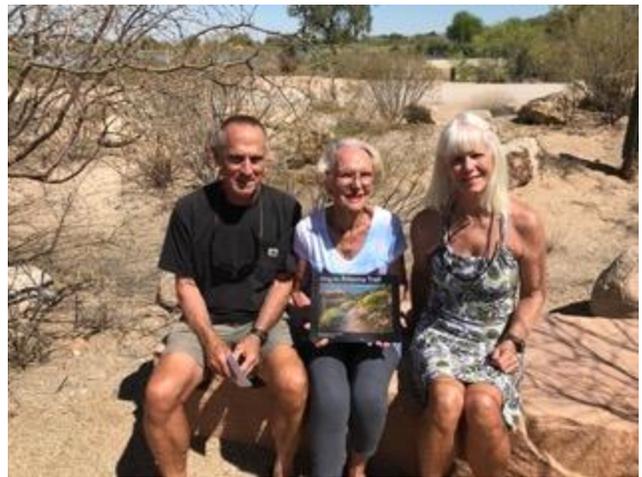
ALONG THE ARIZONA TRAIL

Submitted by Elisabeth Wheeler

Larry Simkins and Ellen Shopes have created a table top photography book "Along the Arizona Trail" that features the landscapes of the Arizona Trail. Larry and Ellen have selected the best landscape photos from their five treks on the Arizona National Scenic Trail that highlight the Sonoran Desert, Sky Island Mountain Ranges, the Mogollon Rim, the Grand Canyon, and the Kaibab Forest.

Trail users and supporters of the Arizona National Scenic Trail will be delighted by "Along the Arizona Trail." Imagine moving through a magical land, traveling from the deepest of gorges with churning red water to snow-clad peaks to towering desert sentinels under a blazing sun. Experience the jaw-dropping colors of sunset with 50-mile vistas.

This is not an historical or cultural oriented book of the Arizona National Scenic Trail. This is "the best of the best" landscape photography by Larry Simkins. Ellen Shopes enjoys journaling their adventures and added the text. To order a copy of this book for yourself or as a gift, send an email to igellen@comcast.net.



Larry Simkins, Elisabeth Wheeler (Holding "Along the Arizona Trail"), and Ellen Shopes

Larry and Ellen have offered many programs on the Arizona National Scenic Trail at REI classes in Tucson and to local hiking groups. Several years ago, they were honored by the Arizona Trail Association as Volunteers of the Year for their contributions to the Arizona National Scenic Trail.

SADDLEBROOKE HIKING CLUB TRIP COMMITTEE

Submitted by Susan Love

The SaddleBrooke Hiking Club Trip Committee poured over club surveys from 2016 & 2018. The

tentative schedule listed below was made based on popularity of those results.
The SaddleBrooke Hiking Trip Committee has proposed the following:

2021 – 2024 Hiking Club Trip Schedule

Oct 12-14, 2021: **Flagstaff, AZ.** We have 6.5 guides (one was a maybe).

Late April 2022: **Silver City, NM**

Early Oct 2022: **Bryce Canyon** National Park, Utah
Red Canyon on Dixie National Forest Land (10+ miles N.W. from Bryce)
Kodachrome Basin State Park (23 miles S.E. from Bryce)

April 2023: **Sedona, AZ**

Oct 2023: **Santa Fe, NM**

July 2024: **Glacier National Park, MT**

SaddleBrooke Hiking Club Trip Committee:
Arlene Daigle
Dale Leman
Susan Love
Randy Richards

And ? (Always looking for another member)

**2021 GUADALUPE MOUNTAIN
NATIONAL PARK
CAMPING - CLASS A/B+
HIKING/AUTO CAMPING TRIP
October 17 – 22, 201
Submitted by Aaron Schoenberg**

This year Aaron Schoenberg is guiding a trip to Guadalupe Mountains National Park in west Texas for class A/B+ hikers. What makes this area special is that it preserves the rugged spirit and the remote Wilderness of the American West. Here, in the

ancient Guadalupe Mountains, which tower majestically into the Texas sky, you can delight in the grand views, diverse landscapes, and small pleasures.

This trip is exclusively for overnight auto camping only. No lodging arrangements will be made, as the nearest lodging is 35 miles away. The Pine Springs Campground is a seven-hour trip from SaddleBrooke, 450 miles+ and one time zone change (add an hour going). Also, Pine Springs Campground is a national park campground that is primitive in nature. However, it has restrooms and running water, as well as picnic tables at each campsite.



This is the Grotto in McKittrick Canyon. We will be hiking here on Thursday, October 21.

The campground is very convenient as two of our three hikes are right out of the campground; and thus, we will have no need for our cars for two of the four days - other than to store camping stuff. Lastly, the campground features a beautiful mountain pond which offers fishing. I saw the fish continually jumping out of the water!

We will be taking three major hikes over four days. They will include:

- Monday loop ascent of Hunter Peak with an extension to Bush Mountain, 9.1 miles and 2700' (15.3 miles and 3500 feet of elevation gain including the Bush Mountain extension) with both summits over 8000 feet.

- Wednesday we get to climb to the roof of Texas: Guadalupe Peak (highest point in Texas, 8,749 feet) and an excursion to the Devils Hall, 9.6 miles and 3000' (12.1 miles and 3200' elev. gain including Devils Hall).
- Lastly on Thursday, we will do an up and back hike through the awesome McKittrick Canyon stopping along the way to see the Pratt Cabin and Grottoes; and then we climb up the McKittrick Ridge to the back-packer's campsite which provides incredible views. This hike is 16.5 miles and 2700 feet of elevation gain. Of course, since this is an up and back this hike can be shortened.

On Tuesday, reservations will be made for a special spelunking tour of Carlsbad Caverns which will include going to remote locations in the caverns that the frequent tourist would not normally visit. Helmet with headlamp is provided, so you might want to bring knee pads for some crawling if you have them.

Sunday and Friday are travel days to and from SaddleBrooke to Guadalupe Mountains National Park.



This is your guide Aaron Schoenberg at a viewpoint on the trail to Guadalupe Peak, which is the highest point in the state of Texas. You are looking down at our campground, Pine Springs. The hike to Guadalupe Peak will take place on Wednesday, October 20.

Upon inquiry about the trip, you will receive a questionnaire and camping information. Receipt of the questionnaire is required by a deadline of Sunday, September 12, which will allow me to make travel arrangements, caverns tour reservations, and final coordination of plans.

Contact info:

Aaron Schoenberg
 Cell phone: (845) 987-4893.
 E-mail: askus3@centurylink.net

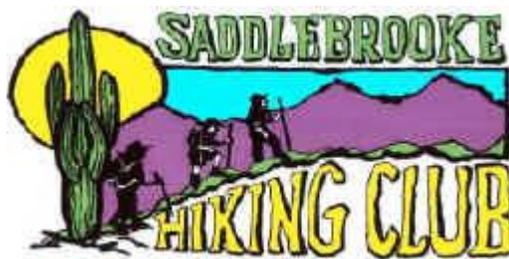
NOTE: Please make sure you supply e-mail address, so I can reply to you with attachments.

FALL PICNIC SCHEDULED
October 29, 2021
 Submitted by Missy Rodey & Seanna Kobak
 SBHC Picnic Co-Chairs

We are *very* pleased to announce that a Fall Picnic has been scheduled! We will be gathering at Catalina State Park on Friday, October 29, 2021, for a wonderful celebration of being together again.

So, mark your calendars and save the date - more details in the coming months.

SADDLEBROOKE HIKING CLUB LOGO
 Submitted by Ruth Caldwell



Would you like to have the SaddleBrooke Hiking club logo on a favorite shirt? We have an embroiderer right here in SaddleBrooke that will do that for you!

She can put the logo on T-shirts, tech shirts, and even hiking shirts for the low cost of \$15, if you provide the shirt.

Her contact information is:

Mary Gajeske,
520-818-1732
mauilover49@yahoo.com

Future Trips		
Destination	Dates	Contact Person
Multi-Day Trip to Flagstaff	Oct. 12 - 14 2021	Susan Love jsrsb2003@yahoo.com
Guadalupe Mtn. National Park Camping/Hiking	Oct. 17 - 22	Aaron Schoenberg : askus3@centurylink.net
Silver City New Mexico	Late April, 2022	TBD
Bryce Canyon, Red, Canyon, Kodachrome Basin	Early Oct., 2022	TBD

News You Can Use		
SBHC Board Meeting HOA 1	8/4 Wed.	2:00 P.M.
SBHC Guide Meeting HOA 1	8/4 Wed.	3:30 P.M.
Fall Picnic Catalina State Park	10/29 Fri.	TBD

Hiking Information

HIKE RATINGS, PACE AND ELEVATION CHANGE

Ratings

Ratings are based on the following round-trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance. In the hike descriptions that follow, both parameter values are exceeded for some hikes. However, that does not necessarily justify a higher combined rating.

Hike Rating	Distance (miles)	Accumulated Elevation Gain (feet)
A	>14	>3000
B	>8 to 14	>1500 to 3000
C	>4 to 8	>500 to 1500
D	≤4	≤500

Special Conditions

***Some hikes may have special conditions that make a hike more difficult than the mileage/elevation gain rating would suggest. This could be due to unusual trail conditions, such as a very rocky trail, large steps up or down, or more exposure (steep banks or a cliff) which are present. These hikes are denoted with three asterisks beside the letter rating and will be repeated in the hike description with an explanation. When hikers sign up for a hike with the symbol *** they should clarify with the guide about the special condition to determine if the hike is right for them.

Pace

Pace for our hikes is described in terms of the moving average speed in miles per hour (MPH) over the course of a hike. The overall average speed is much more variable, depending on the number and duration of rest breaks and lunch, and the condition of a particular trail (smooth and flat versus rocky and steep). The following four categories are used to describe pace in the hike descriptions. The following four categories are used to describe pace in the newsletter:

Pace	Moving Average Speed (MPH)
Leisurely	<1.5
Slow	1.5 to <2.0
Moderate	2.0 to <2.5
Fast	≥2.5

Elevation Change

Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change:

Net Elevation Change is generally the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS). If no destination is listed, which may be the case for loop hikes or point-to-point hikes, net change is defined as the difference between the trailhead elevation and the highest elevation reached during the hike. If net elevation lost between the trailhead and the destination, a minus sign is used to show that elevation is lost. If an elevation profile is available, which applies in this database to mostly the Arizona Trail hikes for which GPS tracks have been generated, the net elevation change is the difference between the highest and lowest points along the trail.

Accumulated Gain is the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is always a more accurate indicator of hike difficulty than net change in elevation.

Accumulated Loss, another measure of hike difficulty, is the sum of all downward stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device.

A cursory critique of the definition for “net elevation change” reveals that it is vague and imprecise and provides limited insight into trail difficulty (which is more accurately described in terms of accumulated gain or loss (parameters that are measured by GPSs). However, accumulated gain/loss information is unavailable for many hikes in the database, so net change has, for the time being, been retained because it is the only statistic available.

Accumulated gains are always greater than net elevation changes, except for point-to-point hikes where the destination is at a lower elevation than trailhead elevation. In this case, the accumulated gain could be much lower than the net elevation change. A good example of this is the hike from the top of Mt. Lemmon to Catalina State Park, which actually results in little gain but rather a significant accumulated loss. For loop and out-and-back hikes, accumulated elevation gains are usually greater, sometimes much greater, than net elevation changes.

Hikes Offered

Monday, July 05, 2021 Catalina State Park - Exploring the Trails. Rating: C. Pace: Slow [142, 600 AM, \$2 + \$2]. The hike will explore various trails within the park. The park is a great example of the Sonoran Desert with its native plants and wildlife. Come enjoy the beautiful views of the Santa Catalina Mountains. Hike 4.3 miles; trailhead elevation 2700 feet; net elevation change about 460 feet; accumulated gain __ feet; RTD 24 miles. [Guide: Karen Gray, 520-351-2058.]

Thursday, July 08, 2021 Fifty-Year Trail Loop via Ridgeline Trail. Rating: D. Slow to Moderate [499, 06:00 AM, \$2 + \$2]. The hike begins at the Equestrian Center in Catalina State Park. After starting on the Fifty-Year Trail hikers will turn left onto an unmarked trail and hike along a rugged, scenic ridge line trail for about 2 miles. At the junction with the Fifty-Year Trail we return to the Equestrian Center via the Fifty-Year Trail. Hike is 4 miles; trailhead elevation 2700 feet; net elevation change 386 feet; total ascent 446 feet. RTD 24 miles. [Guide: Karen Gray, 520351-2058, kgrayinaz@yahoo.com.]

Saturday, July 10, 2021 Finger Rock Trail to Canyon Overlook. Rating: C. Pace: Moderate [190, 06:00 AM, \$4]. The hike begins from the Finger Rock Trailhead at the north end of Alvernon Way. The hike covers level ground for about a mile, and then sharply climbs up the canyon. Scrambling is necessary at some points going up and coming down, but is not overly difficult for most hikers. From the overlook, hikers will enjoy the beautiful vistas of Mt. Kimball, Finger Rock, and the steep Finger Rock Canyon, then return. Hike 3.3 miles; trailhead elevation 3120 feet; net elevation change 922 feet; accumulated gain 1326 feet; RTD 44 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com.]

Thursday, July 15, 2021 Bear Wallow/Sunset Trail - short version. Rating: D. Pace: Moderate [527, 07:00 AM, \$13]. The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn. Once we reach Soldier Camp on the Gen Hitchcock Hwy we will continue along the Sunset Trail to a rock outcropping overlooking the canyon which will be our turnaround point for this out & back hike. Hike 3.2 miles; trailhead elevation 8030 feet; net elevation change 233 feet; accumulated gain 348 feet. RTD 130 miles. [Guide: Ruth Caldwell, azcaldwell3@gmail.com]

Saturday, July 24, 2021 Wilderness of Rocks #1. Rating: B. Pace: Moderate [485, 06:00 AM, \$13]. The hike begins at the Steward Observatory parking lot and proceeds down the

Mt. Lemmon and Lemmon Rock Lookout Trails to about 7200 feet to connect with the Wilderness of Rocks Trail. Turning east, this trail leads to the Marshall Saddle, where we take the Aspen Trail up to Radio Ridge and back to the observatory parking area. If the Lemmon Rock Lookout Trail remains closed, this will be a down and back hike. Hike 7.3 miles; trailhead elevation 9100 feet; net elevation change 2050 feet; accumulated gain 2263 feet; RTD 131 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com]

Wednesday, August 04, 2021 SBHC BOD Mtg. HOA#1 Coyote Room North 2:00pm to 3:30pm.

Wednesday, August 04, 2021 SBHC Guides Mtg. HOA#1 Coyote Room North 3:30pm to 5:00pm.

Sunday, August 08, 2021 Pat Scott Peak Circular. Rating A. Pace: Moderate [NEW, 05:00 AM, \$22]. We will traverse a circular route steeped in copper mining history that will take us to the summit of Pat Scott Peak (8,700 feet) in the Huachuca Mountains which offers a phenomenal view of Ramsey Canyon, Miller Peak and views south into Mexico. Our ascent will be via the Sunnyside Canyon Trail (AZ Trail is followed here for 5.2 miles of Passage 1) and then a 0.2 mile (230 feet) bushwhack climb to the summit of Pat Scott Peak and our way back will be following a variation of the route we used for ascent, utilizing the Eureka Canyon Trail in its entirety. This hike is a repeat of this classic hike I led back in September 2017. This hike is completely over 6,000 feet in elevation, thus it should be comfortable at the higher altitude. Hike 10.7 miles; trailhead elevation 6000 feet; net elevation change 2750 feet; accumulated gain 3100 feet; RTD 214 miles. [Guide: Aaron Schoenberg, askus3@centurylink.net]

Saturday, August 14, 2021 American Flag. Rating: C. Pace: Moderate [8, 07:00 AM, \$4]. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1267 feet; RTD 41 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com.]

Monday, August 16, 2021 Alamo Canyon Up/Back or Loop. Rating: D. Pace: SLOW [6, 06:00 AM, \$2 + \$2]. The hike begins at the Romero Ruins Trailhead in Catalina State Park. This hike will be done as a loop around Alamo Canyon going up one side and returning down the other (clockwise or counter-clockwise). Other than one short area by the wash, the elevation change is generally gradual. The south-side trail traverses several rocky washes. This is a lovely hike up to Alamo Canyon Falls and return. There is a very scenic large flat-rock area above the falls. Water may be present in the canyon after rainy periods, but there are no significant water crossings. Hikers may stop by the Romero Ruins and take the informative loop trail from there. Hike 3.5 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Karen Gray, 520-351-2058, kgrayinaz@yahoo.com.]

Thursday, August 19, 2021 Canyon Loop and Birding Trail. Rating: D. Pace: Slow-Moderate [135, 06:00 AM, \$2 + \$2]. From the main trailhead in Catalina State Park, hikers will start up the Romero Trail in Catalina State Park; follow the Canyon Loop Trail, and then come back on the Sutherland Trail. This area is a great example of the Sonoran Desert and its riparian areas. Following this portion of the hike, we will hike the Birding Trail. Depending upon the season, some water crossings are possible. Hike 4.1 miles; trailhead elevation 2700 feet; net elevation change 433 feet; accumulated gain 499 feet; RTD 24 miles. [Guide: Karen Gray 520-351-2058, kgrayinaz@yahoo.com.]

Tuesday, August 24, 2021 Honey Bee Canyon South. Rating: D. Pace: SLOW [224, 06:00 AM, \$3]. The hike takes place in Honey Bee Canyon at Rancho Vistoso. We will explore the canyon, identify some of the vegetation, find a large hole in a rock, and look for animals and animal tracks. Bring water, snack, sunscreen, hat, camera (optional). Hike less than 4 miles; trailhead elevation 2700 feet; net elevation change 100 feet; accumulated gain __ feet; RTD 26 miles. [Guide: Karen Gray, 520-351-205, kgrayinaz@yahoo.com.]

Wednesday, August 25, 2021 Guthrie Mountain. Rating: B. Pace: Moderate [213, 05:30 AM, \$10]. The hike starts at the General Hitchcock Campground off Catalina Hwy and proceeds up the Green Mountain Trail to the Bear Saddle at the head of Bear Canyon. At the Saddle, hikers take the trail southeast to Guthrie Mountain and our return retraces our steps. Parking is usually available in the campground overflow parking lot. National Park pass required. The Saddle and the trail along the ridge top from the Saddle to Guthrie Mountain afford great views of the Catalinas and the San Pedro Valley. A large rock face (0.25 mile/200 feet) will need to be climbed to reach the Peak. Hikers not wishing to do that portion of the hike could wait at an overlook. Hike 6.6 miles; trailhead elevation 5945 feet; net elevation change 1307 feet; accumulated gain 1959 feet; RTD 96 miles. [Guide: Aaron Schoenberg; askus3@centurylink.net]

Saturday, August 28, 2021 Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [274, 07:00 AM, \$13]. From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail 5 along Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com.]